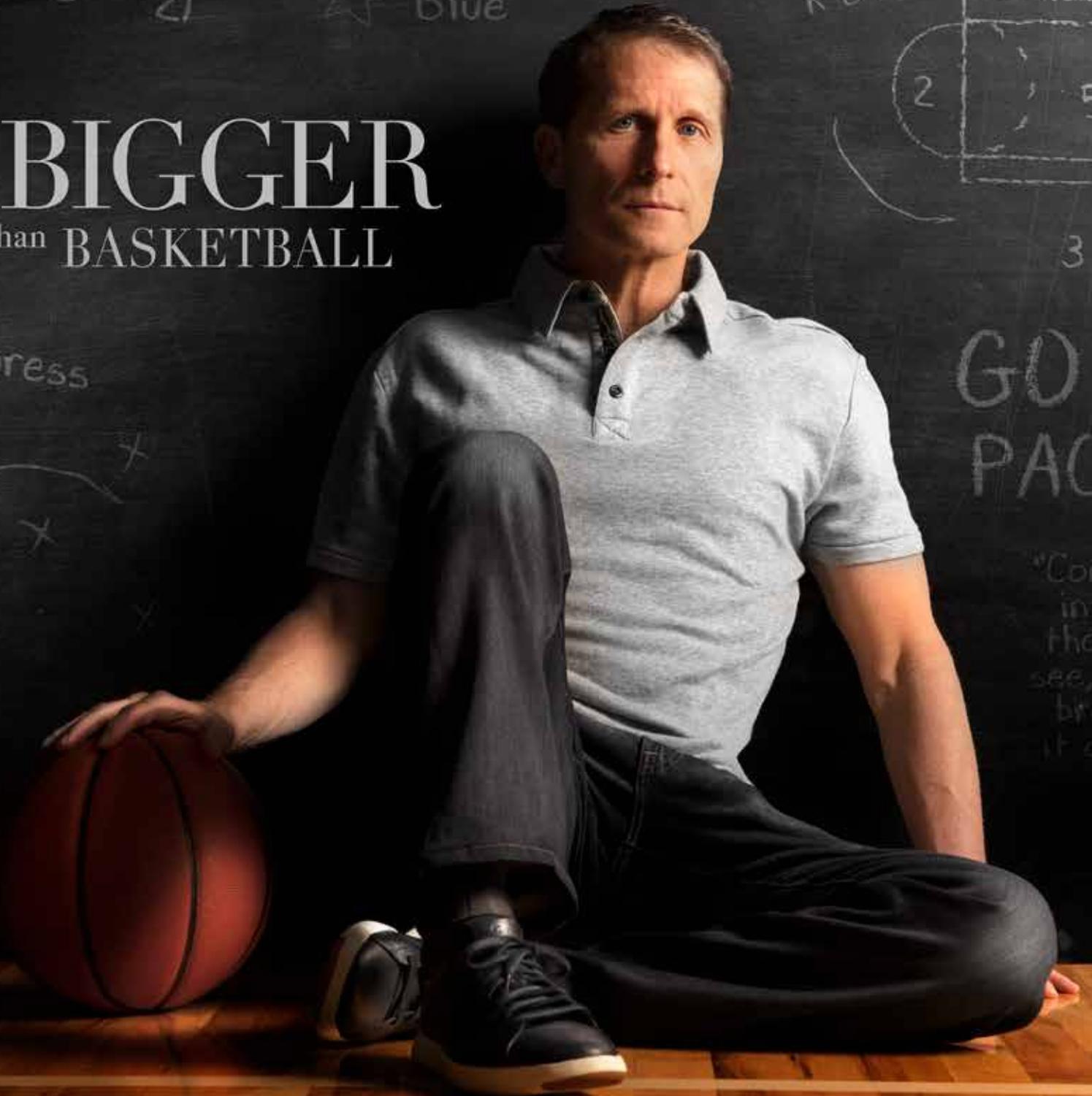


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A PEPPERMILL PUBLICATION - VOLUME 8

BIGGER than BASKETBALL





Without gelato there would be panic and chaos.

Gelato
PEPPERMILL
HOUSEMADE
ITALIAN
ICE CREAM



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Delightfully delicious donuts



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Cover photo by Anicia Beckwith



16 THE BEST OF RENO RUNNING PLACES TO RUN



...but first, coffee



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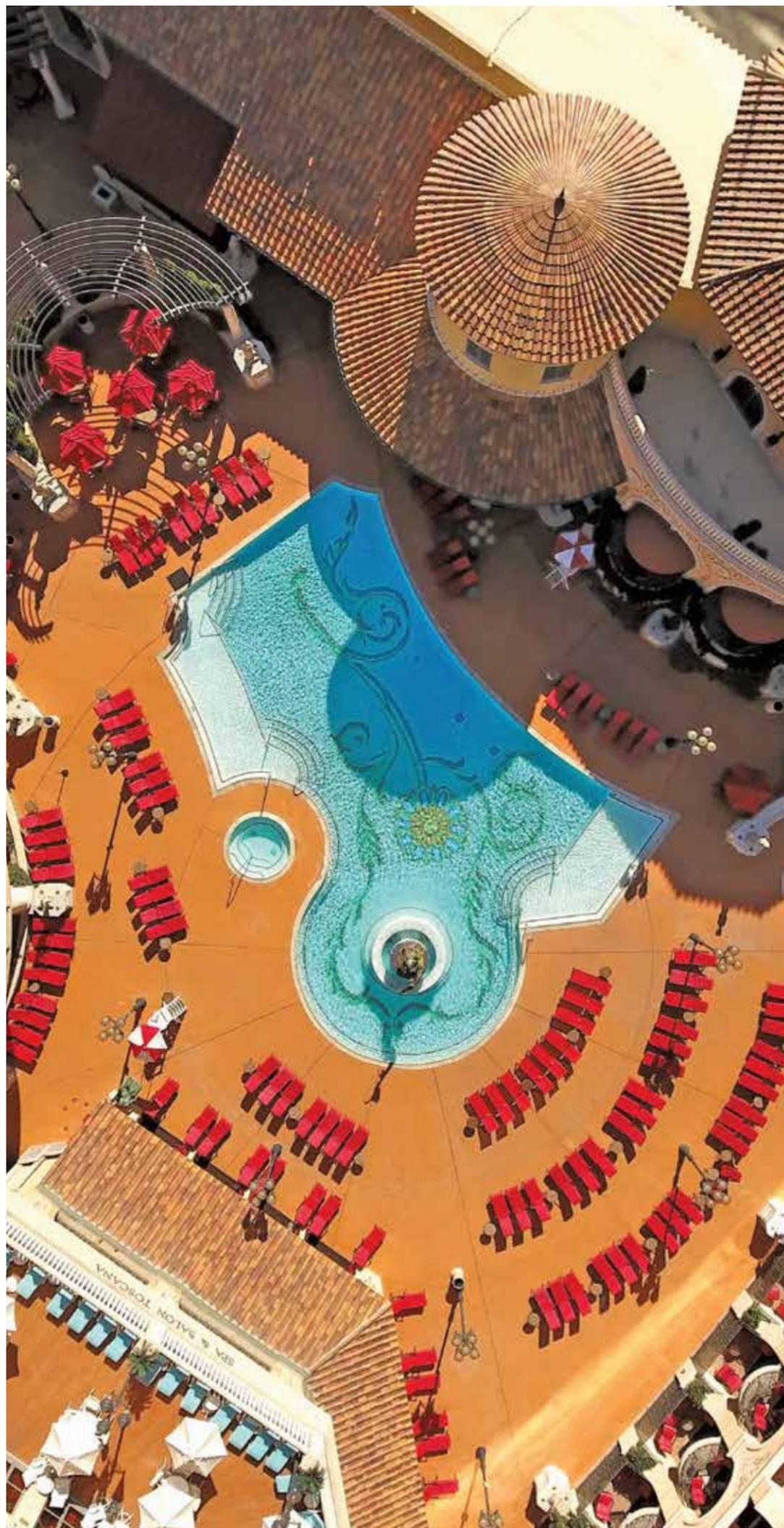
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PEPPERMILL
RENO



Welcome to fall and winter in the Reno-Tahoe region, where crisp days and moonlit nights are full of seasonal special events. Over the next few months, enjoy everything from Nevada history and parades to musical festivals and holiday celebrations, with plenty of food and drink options in between.

**STREET
VIBRATIONS**

Sept. 26-30

Motorcycle mania takes over the Biggest Little City when Street Vibrations rumbles into town September 26-30. Hit the open road for poker runs and scavenger hunts, or cruise downtown Reno on foot for gear and previously owned rides, live entertainment on six outdoor stages, and expos for both tattoos and custom bike builders. Find the complete event schedule at roadshowsreno.com.

**GENOA
CANDY
DANCE**

Sept. 29-30

Started in 1919 as a fundraiser for purchasing and maintaining street lights, the Genoa Candy Dance celebrates 99 years of history September 29-30. More than 300 vendors – all selected for their quality products and unique wares – will have homemade candy, food, arts and crafts, and more for sale in Genoa, Nevada’s oldest settlement. Buy tickets in advance for Saturday night’s Candy Dance and Dinner, as seating is limited. Learn more at genoanevada.org.

NEVADAFEST

Sept. 29

Raise a glass (or two) on September 29 at Nevadafest, a celebration of craft beer made right here in the Battle Born State. Your ticket includes unlimited tastes from more than 20 breweries at Wingfield Park, along with a commemorative cup and a meal from one of the many food trucks on-site. Live music and giant outdoor games like Jenga and cornhole will provide the entertainment. Get details at nvfest.com.

**YOUNG
FRANKENSTEIN**

Oct. 5 through Nov. 3

Frederick Frankenstein (pronounced “Fronk-en-steen”) inherits his family’s estate in Transylvania, and with the help of a hunchbacked sidekick named Igor (pronounced “Eye-gor”) and a leggy lab assistant named Inga (pronounced normally), he finds himself in the mad scientist shoes of his ancestors. When the creature Frederick brings to life escapes, hilarity ensues. Good Luck Macbeth brings this record-breaking Broadway sensation to the Biggest Little City October 5 through November 3. Purchase tickets at goodluckmacbeth.org.

**ELDORADO
GREAT ITALIAN
FESTIVAL**

Oct. 6-7

Grape stomps, sauce competitions, wine walks, and an Italian farmers market make downtown Reno feel like Little Italy when the Eldorado Great Italian Festival returns October 6-7. Arrive with a big appetite for traditional dishes served street side and an Italian food buffet. Visit eldoradoreno.com for more information.

**WORLD
CHAMPIONSHIP
OUTHOUSE
RACES**

Oct. 6-7

It all began when Virginia City, a now-historic mining town, outlawed outdoor plumbing. In protest, angry residents took their outhouses to the streets, a tradition that now carries on annually at the World Championship Outhouse Races. Decorated outhouses and costumed racers strive for glory October 6-7, preceded each day with the Parade of Outhouses that must be seen to be believed. Register your own three-person team at visitvirginiacitynv.com.

FALL & WINTER

**RENO BITES
RESTAURANT
WEEK**

Oct. 8-21

Now in its seventh year, and expanded to two weeks October 8-21 for the first time, Reno Bites Restaurant Week encourages residents and visitors alike to explore the city's thriving culinary scene. The event includes hosted dinners, foodie tours, exclusive specials, and chef competitions. Peruse participating restaurants at renobitesweek.com.

**SOUTHERN
FARE
ON THE
SQUARE**

Oct. 13-14

Take your taste buds on a trip to the South, no travel required. Catfish, alligator, frog legs, jambalaya, fried green tomatoes, and so many more regional favorites will be waiting for you at Southern Fare on the Square, held October 13-14 at Sparks' Victorian Square. Music legend Jerry Lee Lewis performs his hits, including "Great Balls of Fire" and "Whole Lotta Shakin' Going On," inside the Nugget Casino Resort Ballroom on Saturday night as well. Learn more at nuggetcasinoresort.com.

**GRAND SIERRA
CHILI AND BEER
FESTIVAL**

Oct. 20-21

Welcome fall weather with a hot bowl of chili and a frosty pint of beer at the Grand Sierra Beer and Chili Festival. From October 20-21, serious chili chefs will bring their best recipes to compete for daily championships, and local and regional craft beer favorites will help cleanse your palate between samples. Visit gsrbeerandchili.com for more information.

**RENO
ZOMBIE
CRAWL**

Oct. 20

The undead return to life for one night only on October 20 when the Reno Zombie Crawl takes over downtown Reno. Named one of the top 10 best costumed Halloween parties in the nation by *USA Today*, more than 50 bars participate with beer and cocktail specials. You'll find zombie karaoke, photo booths, makeup stations, and dance parties along the way. Find costume inspiration at crawlreno.com.

**PUMPKIN
PALOOZA**

Oct. 21

Pumpkins are the star of the show at Pumpkin Palooza, returning to Victorian Square in Sparks with fun for the whole family on October 21. Attendees can build and race pumpkins in the Pumpkin Derby, decorate jack-o'-lanterns, participate in a costume parade, hear stories in the haunted schoolhouse, and compete in numerous contests. The festival benefits the Northern Nevada Center for Independent Living. View a complete list of activities at pumpkinpalooza.org.

**NEVADA DAY
PARADE**

Oct. 27

Nevada turns 154 this year, and you're invited to its themed "A State of Economic Diversity" birthday party on October 27. The Nevada Day Parade in Carson City will feature state and local dignitaries, costumed characters from our past, and dozens of decked out floats, with a hot air balloon launch and military flyover beforehand. Stick around for a tour of the Governor's Mansion, the Nevada Day Beard and Single Jack Drilling contests, and more. Get details at nevadaday.visitcarsoncity.com.

EVENTS

continues

OFF BEAT MUSIC FESTIVAL

Nov. 8-10

Discover all the music, art, and food Reno has to offer during the Off Beat Music Festival this November 8-10. The citywide, multi-venue event will host concerts everywhere from small bars and large theaters to art galleries, restaurants, and retail shops, with more than 100 regional bands and nationally recognized artists slated to perform. Think of it as a musical pub crawl. Learn more at offbeatreno.com.

VETERANS DAY PARADE

Nov. 11

Pay your respects to our military this November 11 with the downtown Reno Veterans Day Parade. A traditional opening ceremony will precede the parade, beginning at 11:11 a.m. on the Virginia Street Bridge, and include a fly-by along with participation from local officials and organizations.

THANKSGIVING WEEKEND AT ANIMAL ARK

Nov. 23-24

Swap your shopping bags for some quality time at Animal Ark, the wildlife sanctuary that's home to cheetahs, mountain lions, wolves, bears, and more. November 23-24 is one of few weekends they'll be open during fall, and the cooler temperatures mean more active animals. Plan your visit at animalark.org.

FINDING NEVERLAND

Nov. 23-25

Before Peter Pan, there was J.M. Barrie, the playwright inspired by a widowed mother and her four young sons to transport London theatergoers to a place where nothing is impossible and the wonder of childhood lasts forever. "Finding Neverland," the Broadway musical directed by Tony winner Diane Paulus, takes the stage at the Pioneer Center for the Performing Arts November 23-25. Purchase tickets at pioneercenter.com.

V&T CANDY CANE EXPRESS

Nov. 23 through Dec. 16

All aboard for an enchanted holiday train ride! Hop on Virginia & Truckee Railroad's Candy Cane Express and enjoy a scenic 50-minute journey along a 140-year-old route near Virginia City. The festive trip features hot cocoa and cider, candy canes and cookies, sing-along carols, and a reading of "Twas the Night Before Christmas." Reservations are required for the trips on November 23-24, December 1-2, December 8-9, and December 15-16. Make yours at virginiatruckee.com.

CITY OF SPARKS HOMETOWNE CHRISTMAS CELEBRATION

Nov. 30-Dec. 1

Start having holiday fun at the City of Sparks Hometowne Christmas Celebration. The evening of November 30, a traditional tree lighting ceremony takes place in the heart of Victorian Square, complete with live music sing-alongs and hot chocolate. On December 1, a Christmas parade with hundreds of floats, marching bands, animal groups, and mischievous elves fills the afternoon with cheer. Bring a camera, as Santa can't wait to take a selfie with you. Visit cityofsparks.us for more information.

TAHOE FILM FEST

Dec. 6-9

Surround yourself with the winter beauty of Lake Tahoe and enjoy environmental, Latino, and independent films at the Tahoe Film Fest. From December 6-9, more than 30 films will screen at multiple cinemas, including Northstar California Resort, Incline Village, and the Truckee High School auditorium. See what's playing and buy tickets at tahoefilmfest.org.

RENO SANTA PUB CRAWL

Dec. 15

It's the most wonderful time of the year when thousands of Santas, Mrs. Clauses, reindeer, elves, and other merry-makers take over downtown Reno for the Santa Pub Crawl. Enjoy beer and drink specials at more than 40 bars on December 15, or start your day at Mt. Rose with some Santa skiing. Proceeds benefit local schools and more than 308 projects have been funded so far through donorschoose.org. Get details at renosantacrawl.com.

SNOWGLOBE MUSIC FESTIVAL

Dec. 29-31

Equal parts music festival, winter expedition, and New Year's Eve celebration, SnowGlobe is billed as "literally and figuratively the chilliest festival ever." From December 29-31 in South Lake Tahoe, you can ring in 2019 with world-class ski resorts, the freshest powder, and top performing artists all at your fingertips. SnowGlobe also has the goal of becoming a completely sustainable event, making your stoke that much more epic. View the lineup and purchase tickets at snowglobemusicfestival.com. ■



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STEP BACK IN TIME
Virginia City
NEVADA
EST. 1859

EAT

like a local

by Justin Heeren

D NUTS

THE HISTORY OF THE DONUT IS SHROUDED IN MYSTERY, BUT ONE THING IS CLEAR: WE'VE LOVED EATING THESE LITTLE FRIED RINGS OF DOUGH SINCE THEY WERE INVENTED SOMETIME IN THE 1800S. WHETHER YOU SPELL IT "DONUT" OR "DOUGHNUT" OR CHASE IT WITH MILK OR COFFEE, THE END RESULT IS ALWAYS DELICIOUS. REGARDLESS OF WHERE YOU GO IN RENO OR SPARKS, YOU'RE BOUND TO BE NEAR AN EXCELLENT SHOP FEATURING ALL YOUR FAVORITE DONUT VARIATIONS IN THEIR GLASS CASES. FIND YOUR WAY TO SOME OF THE TASTIEST DOUGH IN TOWN AND CHECK OUT HOLEY SCHMIDT DONUTS, THE DAPPER DOUGHNUT, ROUNDS BAKERY, AND DOUGHBOYS DONUTS.



Holey Schmidt

Holey Schmidt Donuts

After visiting donut shops all over the country, Galen Schmidt had an idea – he wanted to bring a specialty donut shop to Reno. Galen and his wife, Cadi, brought this idea to fruition with the opening of Holey Schmidt Donuts in February 2018. Located in the dedicated restaurant space attached to The Discovery science museum on Center Street, it’s a short trip from wherever you might be downtown.

Walking into the shop, it’s hard to not be amazed at the sheer variety of donuts on display. The staples are there, of course – glazed donuts, donuts with fruit filling, and maple bars (some with bacon, if you’re in a salty-sweet mood). In addition to the classics, a number of specialty donuts line the shelves. Frostings of every color and a rainbow of toppings adorn the various flavors of donuts, fritters, and twists. Breakfast cereals make for popular toppings, with Fruity Pebbles, Cinnamon Toast Crunch, and even Cookie Crisp (on top of a Cookie Monster-themed donut, no less) adding not only flavor, but also a crunchy texture to the sugary treats. Vegan choices are also available for anyone wanting a guilt-free way to indulge his or her sweet tooth. Depending on the day, you may also catch a random special like house-made Danishes or Harry Potter-inspired Butterbeer donuts.

Donuts aside, what’s a good donut shop without coffee? Holey Schmidt features brew from local roasters Old World Coffee and can whip up custom coffee drinks like lattes and espressos. So whether it’s being hungry after a day of exploring The Discovery or having a late-night craving for something sweet (they’re open until 11 p.m.), Holey Schmidt has a donut for every possible situation, and then some.

Photos by Abbey Kay



Holey Schmidt Donuts is located at 490 Center Street in downtown Reno, and is open daily from 5 a.m. to 11 p.m.



Photos by Jessie Preza

The Dapper Doughnut

Jeano Dendary had worked in his father’s bakery as a young man; when his dad retired and closed the bakery, Jeano opened up a doughnut shop of his very own. After a while, he sold his shop and left the doughnut business entirely for 20 years. The call of the bakery is strong, and he found himself making the decision to get back into making doughnuts – but not necessarily in the traditional sense. Along with his wife, Jeni, Jeano opened up The Dapper Doughnut, frying up fresh mini-doughnuts in Sparks.

Typically standard fare for events like street festivals, it’s uncommon to find a brick-and-mortar location making the tiny treats hot and fresh; The Dapper Doughnut is definitely worth a trip. The shop takes pride not only in their tasty mini-doughnuts, fried and topped right in front of the customer, but also in providing exceptional service. They serve cake-style mini-doughnuts that are light and moist on the inside with a slightly crunchy exterior. They’re custom decorated to order, using 24 different sugars and toppings. There’s a mini-doughnut for every mood, ranging from light and fruity flavors like the Blueberry Lemon and Strawberry Bella to more gooey and rich selections like the S’mores or Fluffer Nutter. There’s truly something for everyone who has his or her sights set on mini-doughnut deliciousness.

To complement your doughnut order, The Dapper Doughnut offers a few different drink options, including coffee, milk, and juice. For the doughnut maniac who truly wants the full Dapper experience, a doughnut milkshake is also available. Make no mistake: Even though The Dapper Doughnut serves tiny doughnuts, they can satisfy a huge appetite.



The Dapper Doughnut is located at 1353 Baring Boulevard in Sparks, and is open Monday through Saturday from 7 a.m. to 3 p.m. and Sundays from 7 a.m. to 2 p.m.

Rounds Bakery

If Rounds Bakery sounds familiar to you, it might be because they were involved in a bit of a high-profile kerfuffle, resulting in co-owners Anton Novak and Sean Cary insisting to this day that the croissant-donut hybrid they've made for years is #NotACronut. That said, the non-cronut is only one of the many tempting items on Rounds' expansive menu. Being a full-service bakery and deli, the masterminds behind Rounds know to keep their donut game on point.

Not to say the croissant-donut doesn't deserve a little bit of the spotlight; Rounds was one of the first places to bring the culinary trend to the Biggest Little City. The bakers start with layered croissant dough, which is then cut into the standard donut shape, and fried to flaky perfection. Fresh out of the fryer, they're topped with any number of donut toppings from a simple glaze to more elaborate garnishes like frostings, sprinkles, or crunchy candies. The rest of Rounds' donut offerings are just as appetizing and delicious. As a matter of fact, many mornings see lines out the front door of the shop with folks hoping to get their hands on the bakery's handiwork. The bakery will also take custom orders, perfect for workplace meetings or large events that need a little extra touch of sweetness. Depending on time and availability, they'll even honor requests like custom letter donuts or off-menu items like beignets.



Photos by Design on Edge



Rounds

To accompany all the mouth-watering pastries, Rounds serves local java from Magpie Coffee Roasters and Kona Gold Coffee Company. For the rare person who isn't all about the donut life, Rounds also offers a full menu packed with sandwiches, salads, and many varieties of the popular savory cousin to the donut – the bagel. For the croissant-donuts, be sure to get there early, as they often sell out within the first hour of the day. Even if they're long gone, Rounds has plenty of other sweet and savory options well worth sticking around for.

Rounds Bakery is located at 294 East Moana Lane in Reno, and is open weekdays from 6:30 a.m. to 3 p.m., Saturdays from 7 a.m. to 2 p.m., and Sundays from 8 a.m. to 2 p.m.



DoughBoys Donuts

It's a story that sounds like something out of a movie or TV show. In 1980, Los Angeles police officer Bob Kenny founded a bakery in Hollywood called Donut Stop with his wife, Marge. Twenty-nine years later, Bob's son (and former Nevada Wolf Pack athlete) Jay Kenny continued the family donut tradition here in Reno with his own shop, DoughBoys Donuts. With a heavy focus on family and community, Jay and the crew have been cranking out fresh, fluffy donuts ever since.

The ties to the local university are obvious stepping into DoughBoys, as one of the highlighted donuts on the menu is the Wolf Pack Paw. A raised paw-shaped donut with blue-colored vanilla frosting, the Paw is a great snack for students and visitors alike. Another eye-catcher is the Big Boy. Measuring in at a whopping 8-inches round, this single massive delight (available with butterscotch, chocolate, or cherry icing) could easily feed a group of people or one very hungry donut lover. The behemoth can also be customized for events like birthday parties or graduations, making it a unique alternative to the standard cake. DoughBoys makes sure to keep all the old standbys in stock as well, for those who might just want a simple cake donut or a nice old-fashioned. Seasonal donuts are also on the menu; depending on the time of year, you may see heart- or shamrock-shaped donuts, among other festive forms.

Coffees, teas, and hot chocolates are available to wash down your donuts; in fact, DoughBoys offers a 96-ounce disposable coffee dispenser for large group functions. Other breakfast and lunch options fill out the menu nicely with an assortment of croissants, bagels, and sandwiches. Whether you want to show some school spirit with a dozen Wolf Pack Paws, or you're hungry enough to challenge yourself to a Big Boy, the friendly faces at DoughBoys will be happy to hook you up. ■

Photos by NJ Designs



DoughBoys Donuts is located at 57 Damonte Ranch Parkway in Reno, and is open Sunday through Thursday from 5 a.m. to 9 p.m., and Friday through Saturday from 5 a.m. to 10 p.m. A second DoughBoys Donuts is located at 5115 Mae Anne Avenue, open the same hours as the Damonte Ranch store.



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CELEBRATE 2019

M A S Q U E R A D E

NEW YEAR'S EVE AT EDGE NIGHTCLUB



Photo courtesy of Washoe County Regional Parks and Open Space

THE *Best*
OF *Reno*.
Running

by Shelley English

THE WEATHER IS PRIME FOR RUNNING IN NORTHERN NEVADA ALMOST YEAR ROUND, AND RENO BOASTS A VIBRANT RUNNING COMMUNITY. WHETHER TRAVERSING THE FOOTHILLS OF THE MAJESTIC SIERRA NEVADA OR FOLLOWING ALONG THE BANKS OF THE TRUCKEE RIVER, THERE IS NO SHORTAGE OF RUNNING VENUES OFFERING RICH HISTORY AND HIGH DESERT FLAVOR. HERE ARE SOME LOCAL FAVORITES.

Virginia Lake

Right in the heart of Reno is Virginia Lake Park, a natural lake oasis only blocks from the day-to-day hustle and bustle. The pedestrian-only path around the lake is one mile, on either the paved route on the outside of the tree-lined loop, or a sand and gravel trail on the inside. A local favorite for a quick escape, runners are known to use the loop both as its own training course and as an add-on to a crosstown jaunt. One nice part about the inside and outside loops is that you can remain in the shade of the trees at almost any time of day. The lake is home to the typical avian wildlife, including swans and ducks, and a beautiful flower garden on the southwest part of the loop. There's also a larger-than-life dragonfly sculpture by artist Peter Hazel, made with welded steel, stained glass, and ceramic mosaic tiles painted by students at nearby Anderson Elementary School. Dogs are welcome on-leash, and a dog park is located on the north end near the playground.

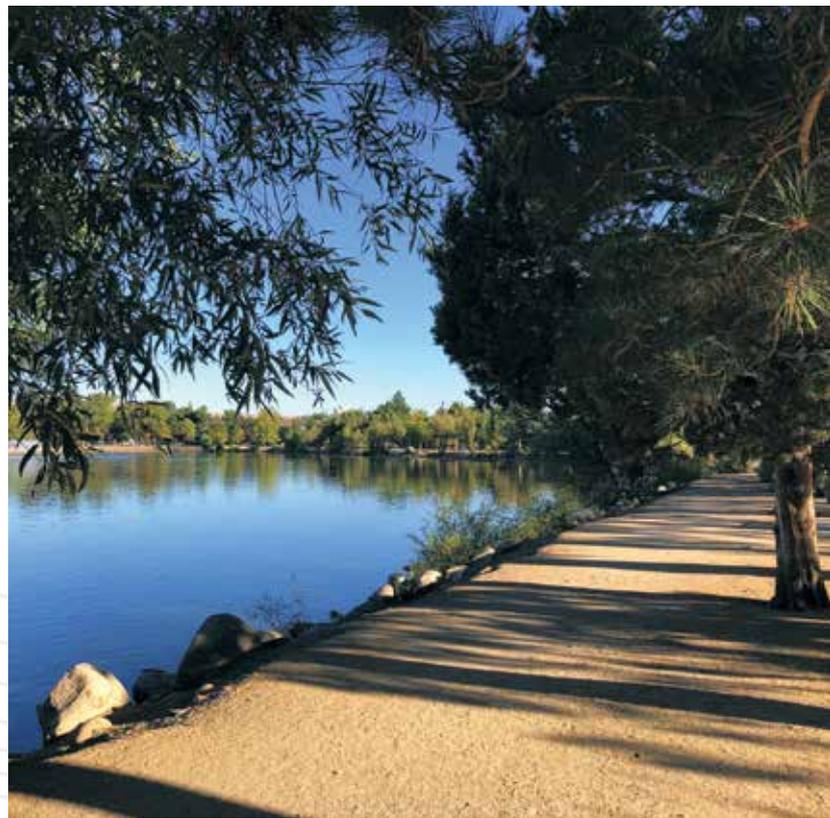


Photo by Mike Cowan

From downtown Reno: Take Virginia Street south to Plumb Lane, then travel west to Lakeside Drive. Turn left at the light. Parking is on the northeast side or curbside around the park.



The Truckee Riverwalk and Crooked Mile

Some would argue the true heart of the Biggest Little City is the Truckee River. The 121-mile long river flows from Lake Tahoe to Pyramid Lake, right through downtown Reno. Since the 1997 New Year's flood, the Riverwalk District has developed into a setting for Reno culture and recreation, including running. While the river path extends for miles both east and west, the best place to begin a nice out-and-back is the "Believe" statue in Reno City Plaza. Head west past the "Space Whale" sculpture, crossing the bridges at Virginia Street, Sierra Street, and Arlington Avenue. The path winds through Bicentennial Park with the river on the left and the Sculpture Garden on the right. Keep following the river over the Booth Street Bridge and into beautiful Idlewild Park, where you can continue along the Crooked Mile. Idlewild is considered by many to be the "Central Park" of Reno and it features a beautiful rose garden as well as the Peace Officer Memorial. The mostly flat distance from Reno City Plaza to the heart of Idlewild Park is about 2 miles. Pets are welcome on-leash.

Reno City Plaza is downtown on First Street between Virginia Street and Lake Street. Metered parking and nearby garage parking are available.



Photo by Julie Duewel, City of Sparks

Sparks Marina Park

The Sparks Marina Park is a recreational development including and surrounding Helms Lake. At a point in history, the Helms Lake was an industrial gravel pit. Plans to turn the area into a park were helped along by the 1997 New Year's flood. Overnight, the Helms Pit filled with water, and over the next few years the park was built around the new lake. An underground spring adds water to the lake daily, and excess is discharged into the Truckee River. Around the lake and beach is a mostly flat 1.9-mile paved loop, popular with pedestrians and cyclists. While on your run, walk, or jog, you'll find beach volleyball courts, a fishing pier, a coffee shop, and adjacent shopping and dining at the Outlets of Legends. Pets are welcome on-leash, and there is a dog park on the south side of the park.

From downtown Reno: Take Interstate 80 East to the McCarran Boulevard exit and turn left under the highway. Turn right on Nichols Boulevard, and the Marina parking lot is on the left of the roundabout.

Rancho San Rafael Regional Park

Rancho San Rafael Regional Park is one of Reno's biggest parks. Many people don't realize that the grounds are actually two parks in one, spreading north and south of McCarran Boulevard and connected through an underground tunnel. The south side has an almost 2-mile loop consisting of gravel, dirt, and sidewalk, and it circles a playground, ponds, picnic areas, and a large partially fenced dog park. Add another mile or two by including the Herman Pond Trail loop and the Wilbur D. May Arboretum.

On the north side, it's all high desert trail. If you follow the Miner's Trail, you'll reach the "N" on the side of the hill, the Evans Canyon Trail, and the Keystone Canyon Trail. These fairly easy trails can be traversed separately or in combination with one another for as little as 3 to as many as 6 miles. You may have to dodge Frisbees as you cross the Frisbee Golf Course on your way to the trail. And, you can't miss the Basque Shepherd Monument, representing the shepherd and descendants in the American West.



Photo courtesy of Washoe County Regional Parks and Open Space

From downtown Reno to the south side of Rancho San Rafael: Take Virginia Street north across Interstate 80, then turn left onto Ninth Street and right onto Sierra Street. Follow Sierra Street to San Rafael Drive on the left. Parking is available throughout.

From downtown Reno to the north side of Rancho San Rafael: Take Virginia Street north across Interstate 80, past the university, and across McCarran Boulevard. Turn left into the parking lot for Reno Sports Complex. The trailhead is at the northwest end of the parking lot.



Photo by Shelley English

Bartley Ranch

Bartley Ranch is another regional park with a non-city feel. The park is rich with ranching history; ranch buildings and equipment are displayed throughout. There are a few short trail options to explore. The Ranch Loop is about 1.5 miles and starts across the parking lot from the historic Huffaker Schoolhouse, just inside the park entrance. The highlight of the Ranch Loop is a scenic view of the park and of Reno-Sparks from Windy Hill. Be prepared for a steep but short climb. Once you get over the hill and follow the trail down the other side, you can veer off of the Ranch Loop and follow the flat Anderson Trail for an additional 1.5 miles, then rejoin the Ranch Loop. Pets are welcome on-leash and may share the trails with equestrians, as the park also houses a horse arena and scenic pasture.

From downtown Reno: Take Virginia Street south to Moana Lane, and turn right onto Lakeside Drive. Turn left and follow Lakeside across McCarran Boulevard. The park entrance is a covered bridge on the left just before approaching Windy Hill. Cross the bridge and turn right for parking.

Hole in the Wall Trail

One of Reno's most popular trails can be found in the hills on the outskirts of West Reno. This 5-mile out-and-back trail is also referred to as part of the Steamboat Ditch Trail. The "Hole in the Wall" is a tunnel that is an underground portion of the Steamboat Ditch that carries water from the Truckee River for irrigation. The trail is high upon the hillsides, but is very easy and flat, featuring switchbacks in and around the hills and offering several panoramic views of the peaks and valleys of Reno, Sparks, and Verdi. The trail is well-traveled, although with the switchbacks you may feel like you have the hills to yourself. Well-behaved canine friends are welcome and are generally off-leash. It's not uncommon to see desert wildlife and wildflowers dotting the scenery.

From downtown Reno: Head west on Fourth Street about 4.5 miles. Turn left onto Mayberry Drive for about half a mile, then turn right onto Plateau Road. About a mile up the hill, turn right onto Woodchuck Circle. There is a small gravel shoulder on the right for parking.

continues



Photo courtesy of Washoe County Regional Parks and Open Space

Hunter Creek Trail

Farther up the road from the Hole in the Wall Trailhead is the Hunter Creek Trail. It's more technical with a net climb of 1,023 feet and the promise of a 30-foot waterfall at the end. The out-and-back is about 3 miles each way. About 2 miles in, you will escape high desert

exposure and encounter the pines of the Toiyabe National Forest. You may also enjoy a quick dip in Hunter Creek if it's warm enough. While popular with local runners, note that there are very rocky areas to navigate and makeshift bridges to negotiate. Pets are welcome, but the rocky terrain can be brutal on their paws.

From downtown Reno: Follow the directions to the Hole in the Wall trail, but keep traveling to the end of Woodchuck Circle to the Michael D. Thompson Trailhead parking lot. The trail is located at the south end of the parking lot.



Photo by Shelley English

Dry Pond Loop

This trail is regarded as one of the prettiest in Reno. This 6-mile trail is an uphill climb to the gorgeous Dry Pond of the Mount Rose wilderness, which, when dry, displays a gorgeous meadow of wildflowers. The Dry Pond Loop is also popular with mountain bikers, so you'll want to keep your senses sharp and be ready to yield. This is a great escape from the city and offers stunning views of Reno and Washoe Valley. ■

Take I580S/US 395 South to the Mt. Rose Highway (NV-431) and take exit 56. Continue west on NV-431 approximately 4.5 miles to Timberline Drive, and continue to the large dirt parking lot.



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INTERBIKE.COM

Running Community

Reno's running community is highly active, ardent, and approachable. Pick any day of the week and you're bound to find at least one group to run with.

Silver State Striders

Various locations, check their website or Facebook page for weekly updates.

Tuesdays and Thursdays at 5:45 p.m.

Saturdays at 7 a.m. (long run)

Northern Sierra Endurance Training (NSET)

Eclipse Running Store, 3438 Lakeside Drive

775.827.2276

Saturdays at 7 a.m.

Reno Running Company

Sparks location, 1275 Disc Drive

775.683.9433

Wednesdays at 6 p.m.

Saturdays at 8 a.m.

South Reno location, 13987 South Virginia Street

775.853.8017

Thursdays at 6 p.m.

Sundays at 8 a.m.

All runs start and end at the store(s)

Reno, NV Moms Run This Town/She Runs This Town

Miscellaneous weekday runs and Saturday Coffee Shop Run at 7 a.m.; check their Facebook page

Shelley English is a freelance writer living and running in and around Reno. Up-to-date local race and group run information, as well as other running-related topics, can be found on her blog at www.lifeupandraining.com.

See the Big Picture



by Sarah Litz

There aren't many places you'll see every type of fan, but now, there really isn't anywhere else you'll find a game day experience quite like the one at Peppermill Reno. With a newly remodeled, seamless 110-foot wide by 12-foot tall screen that can display up to 4K capabilities and air up to 30 events at once, there isn't a better place to watch everything from NFL, NBA, NHL, MLB and NCAA games to horse races.

With football season upon us, all fans are welcome in the state-of-the-art Sports Book. Check your odds on the remodeled designed displays, place your bet, or participate in the Peppermill's Dream Team Draft or Last Fan Standing football contests for a chance to win thousands.

TEAMWORK MAKES THE DREAM WORK

In less than a year, the Peppermill team made the impossible possible. It all started with an idea to "paste the wall with resolution," said Joe Ness, Executive Director of Entertainment, Electronics, and Media at Peppermill Casinos, Inc.

"The idea was for it to be a poster of pixels if you will," Ness said. "As soon as we had the idea, we immediately went into pre-design." Once a direction was decided, Samsung was able to produce the specialty screen. The 110 feet of pixels was broken down into smaller screens spanning the length of the wall and around the curves. Each screen had to be placed within four millimeters of accuracy, Ness said, otherwise, people would see white lines across the screens.

In 10 days, the Peppermill team constructed not only the seamless screen, but also finished an upgrade to all 60 box seats with 24-inch touch screens and flush-mounted lights, all while keeping the Sports Book open. Ness commented that the complexity of rebuilding the Sports Book wasn't the screen, but rather the electronic design, the background, and the carrels. Every guest at a box seat now has the option to change channels, lighting, volume, view odds, or play keno games.

In addition to a one-of-a-kind screen, new booths, and a newly designed odds display, the area is completely smoke-free and offers a VIP section for Diamond and Chairman level players.

Remodeled Sports Book Ready for Game Day



NOT ONLY FOR SPORTS FANS

While there's an exceptional appeal for all sports fans to grab a spot, the area was built with the idea of every guest in mind. "The reason for spending all of this money isn't for all of the sports people," Ness said. "It's to create bling for the whole casino. As people walk by the center piazza, the main center of the Peppermill if we were a city here, everyone is going to see the bling, the beauty, the glam of what we've created."

Peppermill Sports Book Manager Terry Cox said that the remodel created "an amazing facility. I'm not aware of anything quite like this anywhere else. It brings a certain wow factor to the casino."

While sports fans have the option to pick any game at any time, everyone else walking by can catch the glimmer of the Sports Book.

But, the attraction doesn't end in Reno. The amazing capabilities and beauty is expected to continue by drawing in guests from neighboring California. Cox anticipates Golden State Warriors, San Francisco Giants, and San Jose Sharks games to be packed with people traveling across the state border to get the full Sports Book experience.

KICKOFFS TO TOUCHDOWNS (AND EVERYTHING IN-BETWEEN)

Looking forward to the future is the name of the game at Peppermill Reno. Not many games are displayed in 4K, but when the technology rolls out, the Sports Book will have an advantage. Cox said that some horse race tracks started to broadcast in high definition, and now, the Sports Book can display this, making it a unique experience for fans and bettors.

"That's what we're doing here," Cox said. "We're looking forward to the future." While it may be football season, Cox said that it's all sports seasons the Peppermill is looking forward to. Each season will bring something special to the table, whether it be holding e-sports, viewing the big game, hosting unique contests, or simply watching your team with your buddies.

For all you sports fans and sports novices, come experience this new Sports Book world. Even though you might have to stake out a spot well before kickoff, nothing says football Sunday (or Monday or Thursday) more than beer, grub, massive screens, your lucky jersey, and a cozy spot at Peppermill Reno.

It'll truly blow you away. ■



BIG



GREYER

than basketball

by Larry Burnett

He's a highly successful college basketball coach who:

Bares his torso after big wins

Doesn't sleep in his own bed

Didn't take a vacation for three years

Works out for two hours every day

Had hot dogs thrown at him when he was a high school hoop hotshot

He is Eric Musselman, the head basketball coach at the University of Nevada, Reno, and that same confidence, intensity, and "never quit" style of play that had high school opponents "dogging" and despising him is making college coaches across the country fear the Nevada Wolf Pack.



“In the first year, we wanted to show that we could be competitive, create an identity, play with some style. We wanted Nevada fans to walk out of Lawlor Events Center, win or lose, and say, ‘They play with intensity.’ We were able to do that by creating a toughness and, after year one, the referees, opposing teams, and media from around the Mountain West Conference were all saying, ‘Nevada plays hard.’ We got that reputation of a team that didn’t take possessions off, so we gained respect. We built this thing up from a College Basketball Invitational championship to making the NCAA Tournament to the Sweet 16, and now, in year four, this should be our best year.”

–Eric Musselman



Musselman took over a 9-22 team when he came to Nevada in 2015. Last season, the Wolf Pack were within one point of the NCAA's Elite Eight. The Pack finished the season at 29-8. The Mountain West Conference and three other organizations named Musselman Coach of the Year. Nevada was ranked No. 20 in the final *USA Today* Coaches Poll, and the agony of the 69-68 Sweet 16 loss to Loyola-Chicago was ultimately replaced by the promise that Musselman's four-year plan remained right on track.

The pundits and pollsters agree. University of Nevada is ranked in the Top 10 in preseason polls, and many believe the Pack has Final Four talent. Musselman has been stockpiling athletes since his arrival in Reno. He had a strong recruiting year and got a big league boost when the Martin twins, Caleb (2018 Mountain West Conference Player of the Year) and Cody (2018 MWC Defensive Player of the Year), along with all conference first-teamer Jordan Caroline, dipped their toes in the NBA Draft waters, but decided to keep their sneakers at University of Nevada, Reno, for one more season. Their coach helped the players with their NBA workouts and feedback, but the decision-making went right down to the wire.



Photos courtesy of John Byrne, Nevada Communications

“I didn't find out until right before the NBA deadline. We waited until the last possible minute to find out. I'm so happy they are back. You only go through college one time. It should be the four best years of your life. If you are not an NBA lottery pick, then you have to really consider what you want to do.”

“We all know basketball only lasts so long, and when it's over, your education is what's going to have to carry you. Right now, it might be your jump shot or your rebounding ability but, eventually, your education is what it's all about.”

“Their families were heavily involved and we all kind of partnered up to talk about the pros and cons and the decisions that needed to be made.”

“I tell my team all the time what Chuck Daly (former NBA head coach and Musselman mentor) always said, ‘Every decision is a 50-50. You never know until years down the road.’ You can't look back. You can't look forward. You have to make the best of where you are on that particular day.”



“It has taken on a life of its own.”

With the Martins and Caroline returning, Musselman has the nucleus of his squad back in the fold and five of his top six scorers from last season’s team that ranked No. 6 in the country in points scored. That means Nevada will have talent, depth, and experience like they’ve never had before under Musselman. It also means that this year’s Wolf Pack squad will enter the season sporting a giant bullseye on their backs, and the coach knows it.

“The expectations are high. We talked all summer with our players about how chemistry is going to be so important. You gotta embrace the target, but also see the big picture. This is our most talented and exciting team, but we’ve given our guys a list of former Top 10 ranked teams that didn’t even make it to the NCAA Tournament. There are plenty of examples. All we can do is educate them that it doesn’t matter what people say about us, we’ve got to go prove it.”

Opportunity is a by-product of success. The Wolf Pack program is getting national recognition now, and for Musselman, that means getting living room visits with recruits who previously left him knocking at the door.

“When I first got the job, we had recruits visiting who didn’t know what city we were in. People didn’t know what our mascot was or our school colors. The spotlight of the Sweet 16 has certainly changed our national reputation. People know you now when you have a Nevada basketball shirt on. Somebody comes up to you in Atlanta or Ohio and says, ‘Wow! You guys play fast. You guys play exciting.’ We have a style and an identity, nationally, which our players thrive on and our staff loves.”





Deservedly, Musselman gets most of the credit for the turnaround at Nevada, (81 wins in three seasons), but he is quick to share the accolades with his staff and his two secret weapons: his wife, Danyelle, and daughter, Mariah.

“Danyelle is more important than anyone on staff, including me, because she connects with parents. Every parent wants to feel like they are sending their child to a place that can help them become a better man and learn life skill lessons along with basketball. Danyelle comes to practice. She goes on road trips. She’s a big part of who we are, and I think the guys talk to her more than me about off-court stuff.”

On the court, the Wolf Pack provided high drama at last year’s NCAA Tournament, but Musselman’s 8-year-old daughter, Mariah, stole the show with her smile and enthusiasm. National television put the spotlight on her and she soaked it up. When the season was finished, Mariah was named Reno’s “Biggest Little Mascot and Mayor for the Day,” much to the delight of her dad.

“Mariah loves to be the center of attention, and she’s great with recruits, their parents, and our players. She got a lot of attention at the NCAA Tournament, and while the spotlight was on her, it was also on Nevada. That little girl earned us attention that UNR might never have gotten. Mariah became the side story at the NCAA Tournament, and she thrived on it.”

“My dad was my idol and my best friend.”

Showmanship must run in the family. Musselman’s dad, Bill, was well-known for his intensity and sideline antics when he coached in the American Basketball Association, NBA, and college ranks. He used to write “Effort, Energy, Enthusiasm” on Eric’s lunch bag every day before school.

“My dad was my idol and my best friend. I would go to all his practices right after school, and I would do everything that he did. I was with him on NBA team buses and flights. I had no hobbies because he had no hobbies. It was always basketball, basketball, basketball.”

That singular focus paid off when the Musselmans became the first father-son duo to become NBA head coaches (Bill at Cleveland and Minnesota and Eric at Golden State and Sacramento). Both honed their crafts in the “minor leagues” and put high value on winning. In fact, Bill once said, “Defeat is worse than death. You have to live with defeat.” Eric loves winning, too. Since he got to Reno, the Wolf Pack head coach has literally taken the shirt off his back for a big victory.

“It has taken on a life of its own. When we won the CBI championship (2016), they gave us a T-shirt, so I had to take my sport coat off and take my tie off. As I’m getting my shirt off, the players picked me up and put me on their shoulders. I had the shirt just hanging around my neck.

“The next year, we’re in the locker room celebrating the Mountain West championship and my wife said, ‘Take your shirt off. Let me write on your chest ‘MW Champs’ and we took a picture for her Twitter. Now, if we have a huge win, the shirt is probably coming off again, but only for huge wins, and I gotta stay in shape in order for that to happen.”

Truth is, Musselman is a bit of a muscleman. He religiously works out two hours per day, seven days a week. First, he hits the weights for an hour and then he switches to the treadmill, elliptical machine, and walking, where he sorts through stacks of articles and information that he will highlight and send to his staff and players.

Photos courtesy of John Byrne, Nevada Communications



“Coaching is a 24-hour job, kind of like a doctor. You are always on call. Players can call you anytime and you are constantly watching their academics just like you watch their game films. Exercise provides stress relief and allows me time to get work done. Besides, on the days when I don’t want to work out, Danyelle always tells me, ‘You better go in case we win a big game.’”

The more big games Musselman wins at Nevada, the more Wolf Pack fans fear he’ll leave Reno for a higher profile job. He’s been courted by bigger schools before and the school has met the challenge with more money and better facilities. At this point, Musselman has a long-term contract and a strong loyalty to the people who helped him resurrect his head-coaching career.

“These guys gave me my first chance to be a college head coach. I am still grateful every day I walk in the building and I’ll be forever grateful. We have a community that has embraced our family. We have a beautiful campus. We now have a practice facility, and we have plans to continue to grow the program. At some point in your life, you just want to have stability. That’s a big deal for me. This is as long as I’ve coached anywhere, and I’m having as much fun today as I did the first day here.”



“Bigger Than Basketball” is the University of Nevada’s motto for the upcoming season. Expectations are high and Musselman is doing nothing to dampen the fever of the Wolf Pack faithful.

“Buckle up! It’s gonna be a fun year. Put your seatbelts on, act crazy, and support our team because our home games are going to be THE place to be in Northern Nevada.”

Musselman and the University of Nevada, Reno open the 2018-19 season hosting BYU on November 6. ■



“Expectations are high.”



ANNE BRIGMAN



PIONEERING FEMINIST ARTIST

by Amanda Horn, Director of Communications for the Nevada Museum of Art

This fall, the Nevada Museum of Art invites visitors to rediscover the groundbreaking work of visionary photographer Anne Brigman (1869-1950) in a major retrospective. Consisting of 250 photographs drawn from public and private collections, *Anne Brigman: A Visionary in Modern Photography* features this pioneering artist's most iconic work, including her early photographic explorations, as well as many never-before-seen images, correspondence, and archival materials. Photographer, poet, critic, and mountaineer, Brigman is best known for her figurative landscape images made in the Sierra Nevada in the early 1900s.

“My pictures tell of my freedom of soul, of my emancipation from fear.”



“I slowly found my power with the camera among the junipers and the tamarack pines of the high, storm-swept altitudes.”

– Anne Brigman



Raised in a prominent late 19th century Hawaiian missionary family, there is no doubt that Brigman's nude portraits of herself and other women taken outdoors in the California landscape challenged the customs of her Victorian upbringing and broke the rules of propriety for her time. Brigman's significance spanned both coasts of the United States. In Northern California, where she lived and worked, she was a leading pictorialist photographer, proponent of the Arts & Crafts movement, and a participant in the burgeoning Berkeley/Oakland Bohemian community. On the East Coast, her work was promoted by Alfred Stieglitz, who elected her to the prestigious Photo-Secession and championed her as a modern photographer.

Although the term "feminist art" was not coined until nearly 70 years after Brigman made her first photographs, the suggestion that her camera gave her the power to redefine her place as a woman in society established her as an important forerunner in the field. "My pictures tell of my freedom of soul, of my emancipation from fear," Brigman wrote in 1913. "I slowly found my power with the camera among the junipers and the tamarack pines of the high, storm-swept altitudes."

"The time is right to rediscover the work of Anne Brigman," Nevada Museum of Art Andrea and John C. Deane Family Senior Curator and Deputy Director and book editor Ann M. Wolfe said. "The thought of a woman making nude self-portraits in the early 1900s was radical, but to do so in the rugged wilderness of the Sierra Nevada was revolutionary."

Outdoor landscape settings offered Brigman and the female artists who followed her the freedom to confront art historical traditions, embrace nature, and reclaim a space for women through their art.

To illustrate this, a companion exhibition, *Laid Bare in the Landscape*, assembles photographs, films, and performance documentation by women artists who also situate the nude female body in outdoor landscapes. From beautiful and sensual self-portraits, to sometimes-surreal and provocative statements by feminist artists beginning in the early 1970s, these women interrogate ideas surrounding beauty, femininity, vulnerability, ritual, identity, and body politics as they relate to nature and the environment.

According to Wolfe, “To compare the proto-feminist landscape photographs of Brigman to her feminist counterparts of the latter 20th and early 21st centuries is to weave a new thread through generations of visionary women artists who have aimed to further alternative ways of seeing and knowing.”

The exhibition features: Laura Aguilar, Judy Chicago, Imogen Cunningham, Louise Dahl-Wolfe, Judy Dater, Mary Beth Edelson, Regina Jose Galindo, Kirsten Justesen, Ana Mendieta, Joan Myers, Otobong Nkanga, Cara Romero, Carolle Schneemann, Xaviera Simmons, Jo Spence, Sarah Trouche, and Francesca Woodman.

continues





Anne Brigman: A Visionary in Modern Photography opens September 29, 2018 and remains on view through January 27, 2019 at the Nevada Museum of Art, Donald W. Reynolds Center for the Visual Arts, E. L. Wiegand Gallery located in downtown Reno, Nevada.

To accompany the exhibition, The Nevada Museum of Art and Rizzoli Electa, New York, have published the first comprehensive book devoted to Anne Brigman, and have also re-published Brigman's 1949 out-of-print poetry book, *Songs of a Pagan*.

Throughout the exhibition, several educational and public programs will take place at the Nevada Museum of Art. To see what's happening during your Reno visit, visit nevadaart.org. ■

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THE PASTRY KITCHEN AT PEPPERMILL

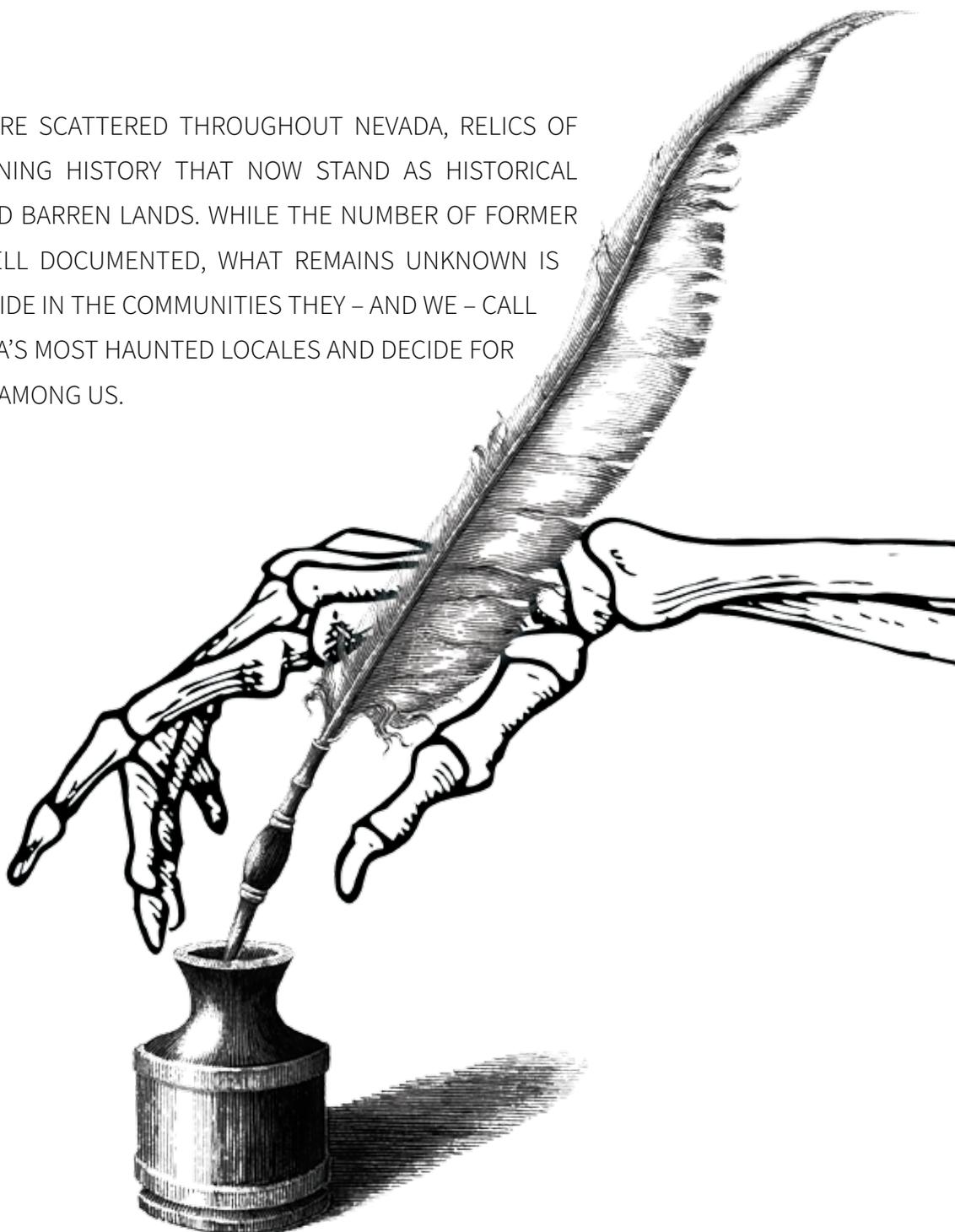


Photo courtesy of Virginia City Tourism Commission

haunted NEVADA

by Rachel Wright

MORE THAN 100 GHOST TOWNS ARE SCATTERED THROUGHOUT NEVADA, RELICS OF THE STATE'S BOOM-AND-BUST MINING HISTORY THAT NOW STAND AS HISTORICAL SITES, ABANDONED BUILDINGS, AND BARREN LANDS. WHILE THE NUMBER OF FORMER SILVER STATE SETTLEMENTS IS WELL DOCUMENTED, WHAT REMAINS UNKNOWN IS JUST HOW MANY GHOSTS STILL RESIDE IN THE COMMUNITIES THEY – AND WE – CALL HOME. EXPLORE NORTHERN NEVADA'S MOST HAUNTED LOCALES AND DECIDE FOR YOURSELF WHETHER SPIRITS WALK AMONG US.



Carson City

Founded in 1858 as the state's de facto capital, Carson City is steeped in Victorian Era history. Relive this moment in time on the Carson City Ghost Walk, which takes guests on evening tours of the city's longest-standing and most paranormally active mansions. Madame Curry, the fictional widow of actual Carson City founder Abraham Curry, has guided the experience for 26 seasons now, enchanting attendees with tales of lingering spirits, centuries-old gossip, and spooky occurrences.

The 90-minute ticketed walk begins as dusk turns to darkness and includes numerous stops along the way. One is the Bliss Mansion, a 3-story, 8,500-square-foot dream home completed in 1879 by millionaire Duane L. Bliss. Built on top of a cemetery that was exhumed and relocated, it's believed the spirits of these disturbed pioneers still roam the grounds, as does Bliss himself. Some say he keeps an eye on the people staying in the converted bed and breakfast, moving curtains or standing watch from the living room or front yard to make his presence felt. The Ferris Mansion, known as the childhood residence of Ferris wheel inventor George Ferris Jr., is also rumored to be patrolled by an unsettling visitor. When the Ferris family hosted a lavish wedding for George Jr.'s sister, Mary, several guests inquired about the second bride they saw and spoke with in the backyard. It was later discovered that the home had previously hosted only one wedding, where a heartbroken bride was left at the altar.

*For tickets and information,
visit carsoncityghostwalk.com*



Genoa

Genoa is Nevada's oldest settlement, founded in 1851 as a permanent trading post. Approximately 250 people currently live in the small town located less than an hour from Reno – 251 if you include the ghost of Snowshoe Thompson.

For 20 years, John "Snowshoe" Thompson delivered mail, supplies, and news between Placerville, Calif., and Genoa, repeatedly crossing the Sierra Nevada mountain range throughout the winter. To do this, the Norwegian immigrant fashioned what now resemble modern-day skis, allowing him to make the round-trip in just five days. However, he was never paid by the government for his services, as the U.S. Post Office said Thompson had never signed a contract with them. Now, Snowshoe is buried in Genoa's graveyard, his tomb marked simply with the phrase "Gone but not forgotten." A statue of the famous "Mailman of the Sierra" can also be found in Genoa's Mormon Station State Historic Park.

You'll learn this and more on the Genoa Historic Ghost Tour, a 2-mile guided walk that takes attendees to storied locations like the Genoa Bar and Saloon, The Dake House, The Hanging Tree, and the Genoa Courthouse. A personal tour of the cemetery is also included, where spirits of Pony Express riders, Mormon settlers, and early residents can be found.

*For tickets and information,
search "Genoa Historic Ghost Tours" on Facebook*



Photo courtesy of TravelNevada



Photo by Steve Crise



Photo courtesy of TravelNevada

Ely

If you prefer your ghost sightings to be more friendly than fearful, consider taking a ride on the Haunted Ghost Train of Old Ely, about five hours from Reno.

Ely was founded in the 1870s as a trading post turned copper mining region, and every October, the Nevada Northern Railway takes costumed guests of all ages on a two-hour train ride that guarantees spooky sightings. Headless horsemen, hitchhiking ghosts, UFOs, and more appear alongside the tracks, and the demons and goblins possessing the train look an awful lot like the local citizens who annually go “missing” during this time of year. While the ghost train travels through the tunnels of the nearby Ruth Mine, the chill you feel in the air might be more than the weather.

For tickets and information, visit nnry.com

Virginia City

Virginia City is arguably the most well-known of Nevada's historic mining towns. While it currently has an estimated population of fewer than 900 residents, that number soared to 25,000 when it first sprang up as a Comstock Lode boomtown in 1859. What has kept Virginia City a bustling hub of activity since silver was discovered in its mountains? In addition to seasonal events and Wild West charm, the city is almost undeniably inhabited by ghosts – and lots of them.

There are few buildings in Virginia City that remain unbothered by a paranormal presence, so much so that Travel Channel's "Ghost Adventures" and SYFY's "Ghost Hunters" have both filmed multiple episodes throughout the city. Anyone seeking spirits must visit the Silver Queen Hotel, and those who wish to have a personal encounter will want to reserve Room 11. Rosie, a prostitute who conducted business inside the Silver Queen, is said to have committed suicide in the bathtub of this room, and many believe she never left. Guests report hearing loud footsteps (despite carpeted hallways), rattling doorknobs, taps on doors, and even the sight of Rosie herself at the top of a long staircase. Rosie may not be alone, though, as the Silver Queen wedding chapel was once used as a makeshift morgue when the ground was too frozen to bury the dead.

Down the street at the Gold Hill Hotel, you'll find the ghosts of many deceased miners. In 1869, a massive fire ignited 800 feet down inside the Yellow Jacket Mine, which was behind the Gold Hill Hotel. Structures collapsed and poisonous gasses flooded adjacent mines, killing anywhere from 35 to 47 workers. Now, experts often find spirits inside the hotel's Great Room, which was the original location of the bar that miners enjoyed patronizing after work in the 1800s. A male entity named "William," thought to be one of the Yellow Jacket miners, has claimed Gold Hill Hotel's Room 5 as his own. A strong tobacco smell often greets guests entering the room, and the door frequently locks and unlocks on its own. If that's not enough, others have claimed to hear the sound of children giggling in the hallways, and it's rumored a Wild West gunslinger either hanged himself or was lynched on the third floor.



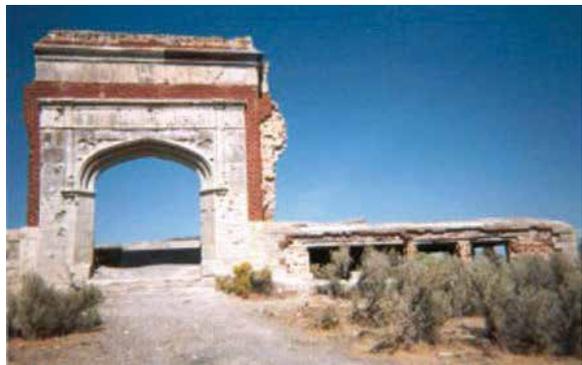
Photos courtesy of Virginia City Tourism Commission



*If you'd prefer not to explore Virginia City's haunted history alone, take a guided tour with Bats in the Belfry.
For tickets and information, visit virginiacityghosttours.com*

Elko

Elko may be a four-hour drive from the Biggest Little City, but it's the perfect hub for ghost town exploration. The Elko Convention & Visitors Authority has made it easier for adventurers, too, providing maps, road conditions, and services available on the way to a handful of destinations.



Photos courtesy of Elko Convention & Visitors Authority

Travel 8 miles outside of Elko and you'll find remnants of the California Trail, the historic path traversed by more than 200,000 people migrating to the Golden State in the mid-1800s. Historical markers highlight significant moments and places, and wagon ruts can still be seen along parts of the trail. If you want to see the barren solitude that Pony Express riders and Donner Party travelers faced, go 65 miles from Elko to the Ruby Lake National Wildlife Refuge, where a portion of the Pony Express Overland Mail Service Trail remains.

Tuscarora, 44 miles from Elko, is billed as a living ghost town. What once peaked as a silver boomtown in the 1880s is now home to several world-renowned artists, including potter Dennis Parks and his Tuscarora Pottery School. Naturally, no ghost town is complete without a historic cemetery, and Tuscarora's is not to be missed.

You can also visit the crumbling remains of Metropolis, a city built to become the center of a farming community that was doomed from the start. The Pacific Reclamation Company bought 40,000 acres of land in 1910, and after erecting a dam on Bishop Creek, Metropolis was heavily promoted as the burgeoning place to be for members of the Mormon Church. However, the company failed to obtain water rights for Bishop Creek, and after drought, fire, and decimation from jackrabbits and Mormon crickets, Metropolis was reclaimed by the desert. Only foundations of the schoolhouse, hotel, and a few homes, as well as a still-in-use cemetery, are left to the elements.

Before you head out of town, stop at the Commercial Casino in downtown Elko, as its history is full of folklore dating back to 1869. "Handsome Harry" and his mistress, an infamous local prostitute, were shot to death by her husband in one of the second floor hotel rooms, and many have sighted Harry looking for his lost lover. ■

For more information, visit exploreeelko.com

From your toes to



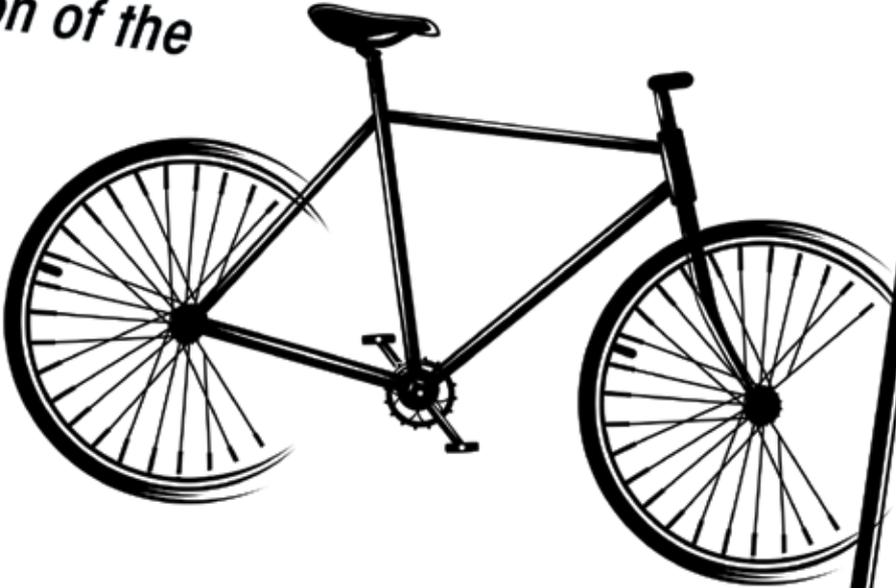
your nose!



BELLA ■ BOTTEGA

A celebration of the

BIKE



INTERBIKE

pedals back to Reno-Tahoe

by Sarah Litz

Interbike – the largest U.S. bicycle industry trade show – is taking over the Reno-Tahoe area from September 14-20, 2018 with event locations ranging from the Reno-Sparks Convention Center to Northstar California Resort.



Bicycle enthusiasts, retailers, importers, distributors, and exhibitors take part in a variety of biking-focused events, including a trade show, OutDoor Demo, and a Free-Ride Festival. It's a chance for companies to show off products, services, and up-and-coming technologies in the bike world through educational sessions, business showcases, demonstrations, and of course, riding.

The all-bike expo is contracted in the Reno area through 2022, but this isn't the first time the Biggest Little City took on the biggest U.S. bicycle industry trade show. Interbike was previously held in Reno for three years and moved to other cities before naming Las Vegas as its long-term home.

Citing cost-effectiveness and the pure unmatched beauty of Northern Nevada, former Vice President of Interbike Pat Hus said in an August 2017 news release, "We're extremely excited about this move for a multitude of reasons. Las Vegas has been a great home and we appreciate their partnership over the years. However, Reno-Tahoe gives us an unmatched blend of world-class venue for a consumer festival and the OutDoor Demo, state-of-the-art convention center, fantastic hotel choices, robust nightlife, and a more intimate environment of welcome and celebration. Cycling will be the center of attention for the Reno-Tahoe area for the entire week. The Reno-Tahoe experience will be personable, affordable, and picturesque for all attendees."

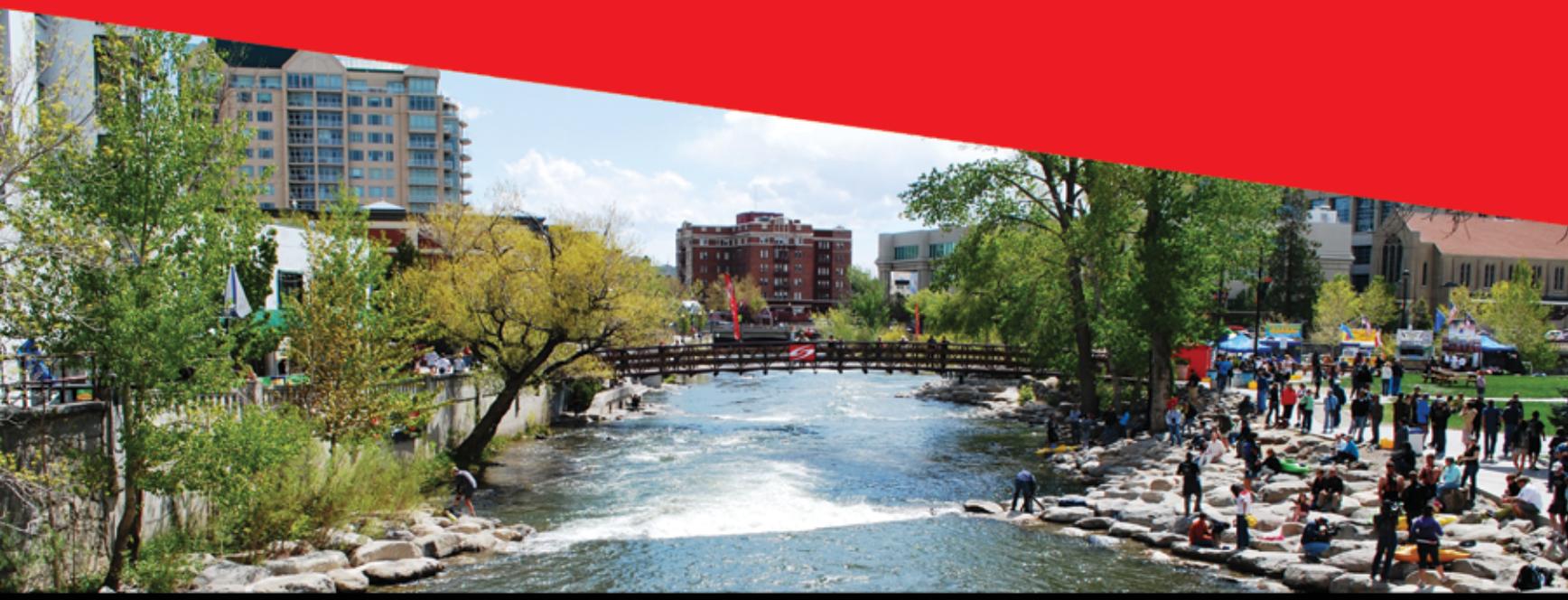
Spoke-tacular time

From yoga and educational courses to pub crawls and bike races, Interbike has it all.

The full event – called Interbike Marketweek – starts off in Truckee, California at Northstar California Resort, Friday, September 14 through Sunday, September 16. The Northstar Free-Ride Festival is opening its doors to the public for the first time with open lift access, yoga sessions, a wine walk, pub crawl, dining gala, bike demos, clinics, the Northstar Downhill race, and more. The event is also family-friendly with plenty of activities for kids including roller skating, mini golfing, and face painting.

Staying in the epic views of Northstar, Interbike turns into a trade-only event Sunday afternoon through Monday, September 17. Northstar's exceptional Bike Park provides a perfect place for product testing.

"OutDoor Demo continues to be an important event for retailers and suppliers," Justin Gottlieb, Interim Show Director for Interbike, said in a July 2018 news release. "The hands-on testing opportunities and interaction with such a large group of suppliers in one location is so valuable for the retail community. The new venue is going to enhance the demo experience and be an amazing first impression to our attendees."



The trade show then moves indoors to the Reno-Sparks Convention Center in Reno from September 18 through the end of the event on the 20th. Before and during trade show hours, there are plenty of opportunities to attend a mix of educational sessions on topics ranging from improving business success, the hottest trends in fit tech, and the latest cycling technologies.

While there may be a lot to learn and test, it's the opportunity to meet face-to-face with industry bigwigs and fellow cyclists that draws the crowds in.

At events like the Annual Interbike Industry Breakfast, an Industry Party at EDGE Nightclub inside Peppermill Resort Spa Casino, and at morning meet-up rides, attendees have the chance to get personal with the people behind the products.

Celebrate Cycling

Whether it be the fascination of biking or the creation of new technologies, Interbike is a place for all industry leaders, newcomers, exhibitors, attendees, and cyclists alike. It's a one-of-a-kind opportunity to live, breathe, and experience everything all-about-bike. Even if you're not yet part of the trade, Interbike will surely inspire the biking bug to bite.

Add a spark to your inner-biking fire and take to the mountains to test out world-class terrain at Northstar. In the city, head out on the McCarran loop or for a leisurely cruise around Midtown. Don't have a bike here? Find a used one at one of the many bike retailers around town or rent a bright green bike through LimeBike, a dock-free bikeshare program recently launched in Reno.

It's time to check your chains, tighten your helmet straps, and get ready to ride at the biggest biking event around. No matter your biking experience, there's something for all, guaranteeing nothing but a wheelie good time. ■



Photos courtesy of Interbike

For more information on Interbike and for a list of events, visit www.interbike.com.

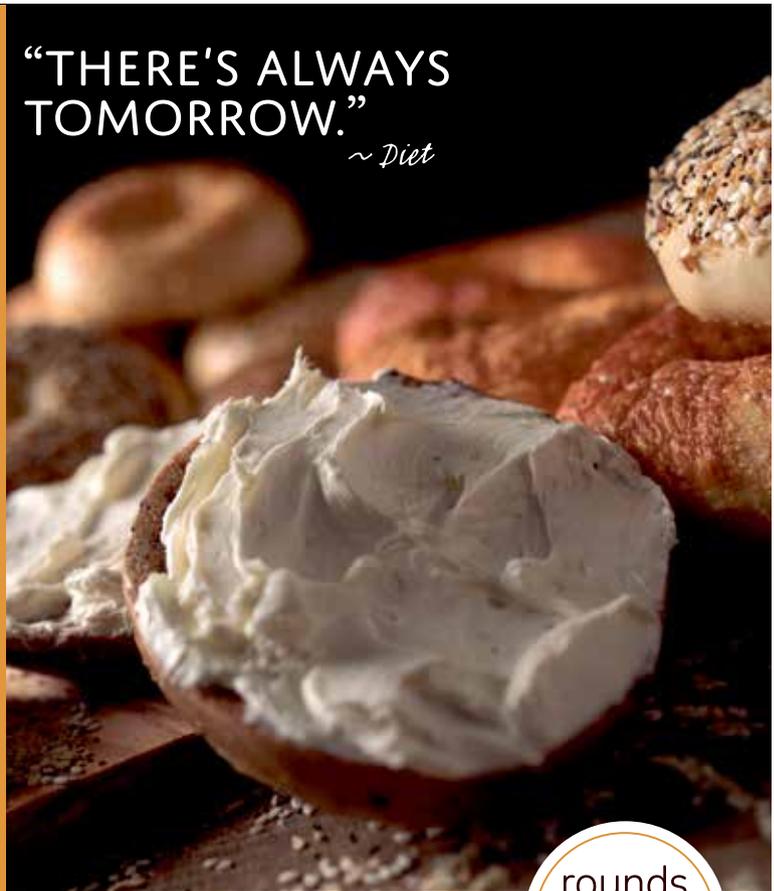
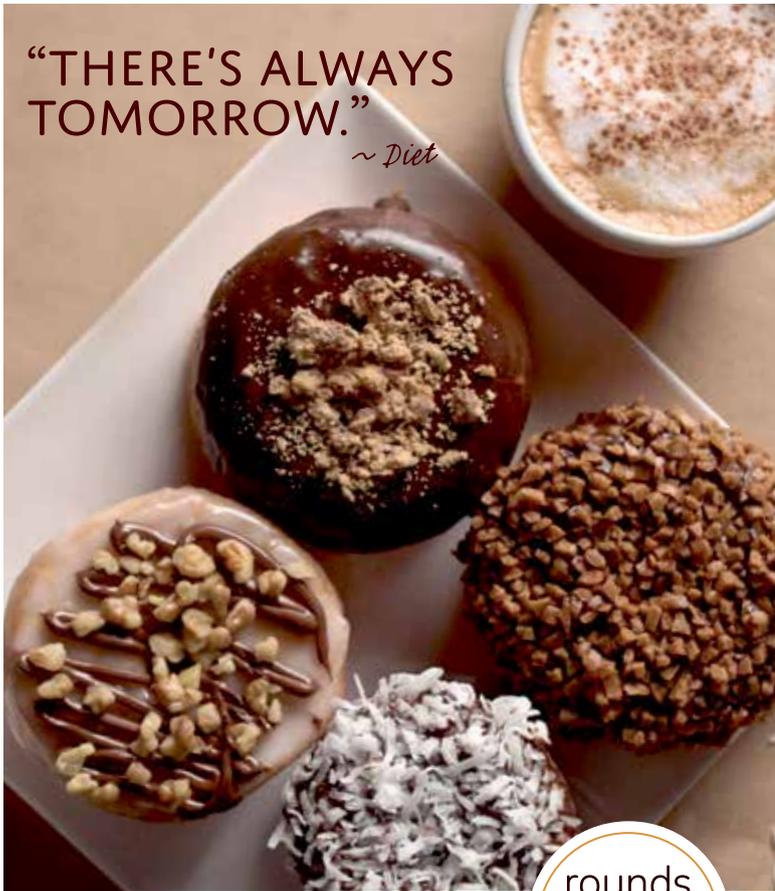


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ELKO AREA EVENTS:

- Elko Mining Expo-June
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- Ruby Mountain Balloon Festival-July
- Ruby Mountain Trail Relay-August
- Elko County Fair & Horse Races-End of August through Labor Day
- Rides & Rods Elko Classic Car Show-September



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