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A PEPPERMILL PUBLICATION - VOLUME 6



Too much of anything is bad,
but too much good whiskey is barely enough. - MARK TWAIN



Live Music.

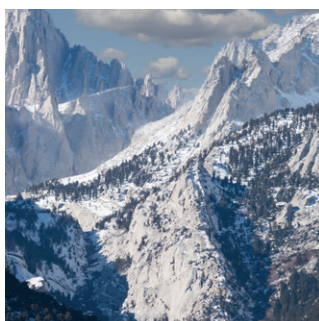


250 Whiskeys.

RENO THEATERS

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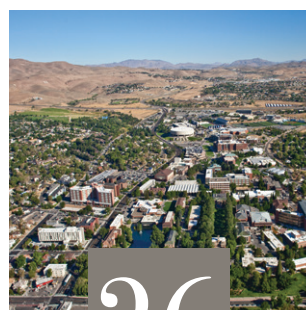
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Photo courtesy of Good Luck Macbeth

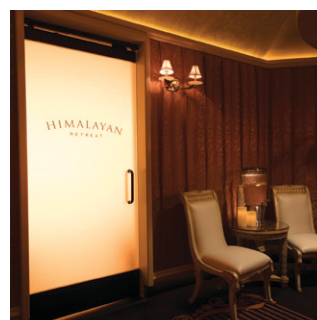
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as the "IT" town



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... but first, coffee



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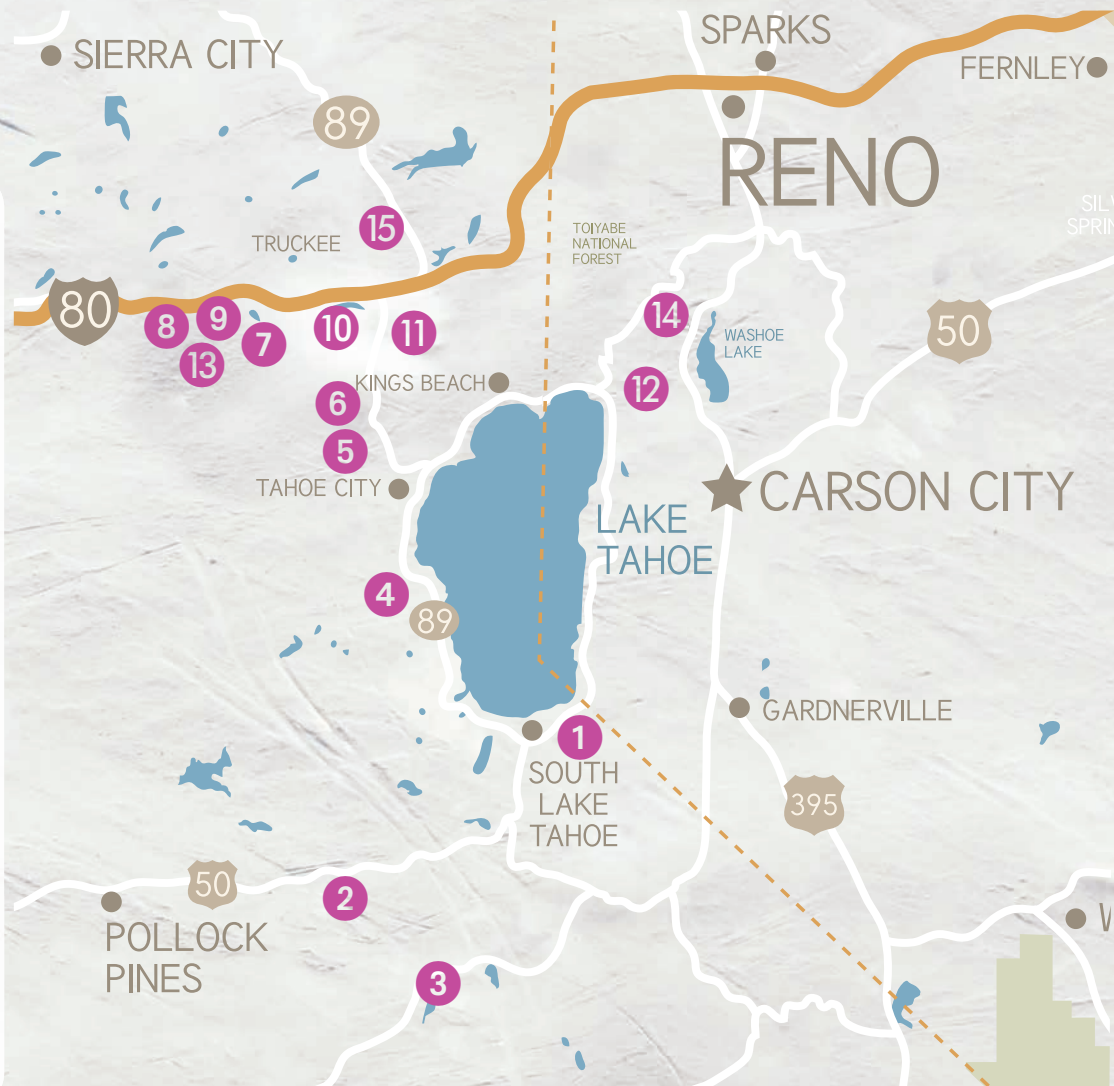
PEPPERMILL
RENO



An aerial photograph of a snowy mountain slope with several skiers. The skiers are scattered across the frame, some in the foreground and others further up the slope. They are wearing various colored ski gear, including black, yellow, pink, and blue. Long shadows are cast by the skiers and the snow, indicating a low sun position. The snow is bright white and shows tracks from previous skiers. The text "Where to go for SNOW!" is overlaid on the left side of the image, with "SNOW!" in large, bold, pink letters.

Where to go for
SNOW!

- 
- 1 Heavenly
 - 2 Sierra-at-Tahoe
 - 3 Kirkwood
 - 4 Homewood
 - 5 Alpine Meadows
 - 6 Squaw Valley
 - 7 Sugar Bowl
 - 8 Soda Springs
 - 9 Boreal
 - 10 Donner Ski Ranch
 - 11 Northstar
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 - 13 Royal Gorge
 - 14 Mt. Rose
 - 15 Tahoe Donner



When it comes to snow, Reno-Tahoe has some epic bragging rights. Only an hour away from the Biggest Little City is the highest concentration of ski resorts in the country, coupled with record-breaking annual snowfall and sweeping views of Lake Tahoe and the Sierra Nevada mountains. Play in our backyard and experience world-class skiing and snowboarding at each of these 15 resorts.

Our guide to finding the good stuff.



1

HEAVENLY SKI RESORT

Have you ever wanted to shred two states at once? Heavenly is the region's largest resort, spanning 4,800 skiable acres across California and Nevada. Ninety-seven trails – ranging from wide-open cruisers to plunging 1,600-foot chutes – serve every level of skier and snowboarder, as do 28 lifts, two terrain parks, and two expert areas. Because Heavenly has the highest mountain elevation in the area, at 10,067 feet, runs provide overlooking views of Lake Tahoe's pristine waters that will be worth stopping in your tracks to see.

Heavenly Ski Resort is located at 4080 Lake Tahoe Boulevard in South Lake Tahoe, Calif., and more information can be found at skiheavenly.com.

2

SIERRA-AT-TAHOE

At a base elevation of 6,640 feet, Sierra-at-Tahoe brings you an average annual snowfall of 460 inches direct from Mother Nature herself. Fourteen lifts serve 46 trails and eight terrain parks, including the Halfpipe that TransWorld SNOWboarding ranked among its Top 10 Best Parks and Pipes in the nation. For families, Sierra-at-Tahoe has four Adventure Zones built just for kids, a tubing mountain, and three miles of snowshoe trails.

Sierra-at-Tahoe is located at 1111 Sierra-at-Tahoe Road in Twin Bridges, Calif., and more information can be found at sierraattahoe.com.

3

KIRKWOOD MOUNTAIN RESORT

Uniquely located atop the Sierra Crest, Kirkwood annually receives anywhere from 350-600 inches of some of the lightest, driest snow there is. That means the powder really piles up at this high-alpine resort, perfect for its 86 trails and diverse terrain that challenge and thrill skiers and snowboarders alike. If you're looking for a big mountain experience in a more remote (but equally stunning) setting, Kirkwood is waiting to welcome you.

Kirkwood Mountain Resort is located at 1501 Kirkwood Meadows Drive in Kirkwood, Calif., and more information can be found at kirkwood.com.

4

HOMESWOOD MOUNTAIN RESORT

"Where the Mountains Meet the Lake" isn't just a catchy slogan for Homewood. As the closest resort to Lake Tahoe, 280 steps is all it takes to go from lift to lake, and the extraordinary views provided by this proximity are even better than you could imagine. Skiers and snowboarders have 67 runs, eight lifts, and four parks waiting for them, as well as 750 acres of backcountry terrain accessible by fully tracked snowcat vehicles. While beginners and advanced riders have plenty of options, intermediate and expert trails make up 55 percent of the mountain. If that sounds like your skill level, get ready to shred.

Homewood Mountain Resort is located at 5145 West Lake Boulevard in Homewood, Calif., and more information can be found at skihomewood.com.



Squaw Valley Ski Resort

5

ALPINE MEADOWS SKI RESORT

Self-described as a picturesque playground, Alpine Meadows features more than 100 trails, seven bowls, and two terrain parks waiting to be explored. If you've always wanted to learn to ski or snowboard, this resort offers tailored programs for every skill level, including adaptive lessons for people with disabilities. Alpine Meadows often has one of the longest snow seasons of the area, making it a must-visit locale as warmer weather approaches.

Alpine Meadows Ski Resort is located at 2600 Alpine Meadows Road in Tahoe City, Calif., and more information can be found at squawalpine.com.

6

SQUAW VALLEY SKI RESORT

Squaw Valley was once a small ski mountain with one chairlift and lodging for 50. After a successful bid to host the 1960 Winter Olympics, though, it's now consistently ranked among the best in the world. The resort is the second largest in the region, and its 3,600 skiable acres are filled with more than 170 trails, 16 bowls, and four terrain parks. In addition to offering snow tubing, mini snowmobiles, snowshoeing, cross country skiing, and dog sledding, Squaw is one of few resorts that has night skiing and snowboarding when conditions permit. It's also home to the last funitel – a gondola built for lengthier trips and higher winds – in the United States.

Squaw Valley Ski Resort is located at 1960 Squaw Valley Road in Olympic Valley, Calif., and more information can be found at squawalpine.com.

7

SUGAR BOWL RESORT

Sugar Bowl is one of the county's oldest ski areas, originally opened in 1939 and still family owned. Perched atop Donner Summit, 98 trails are spread across four peaks, 1,650 acres, and 1,500 vertical feet. The resort receives 500 inches of average annual snowfall, making it one sweet place to ride. After a day on the mountain, take the gondola to Sugar Bowl's Village Lodge, which still features its Austrian and Bavarian character, or stay slope-side at the more modern Mt. Judah Lodge.

Sugar Bowl Resort is located at 629 Sugar Bowl Road in Norden, Calif., and more information can be found at sugarbowl.com.

continues



8

SODA SPRINGS MOUNTAIN RESORT

If you're new to skiing and snowboarding, Soda Springs is an ideal place to learn and practice your skills. It has a relatively small vertical rise of only 550 feet, and four of its 13 trails are made for beginners. More seasoned riders won't be bored, though, as there are advanced trails as well. Families with younger children (ages 8 and younger) have Planet Kids waiting for them, which features mini tubing, a tubing carousel, climbable snow volcanos, and lesson areas. Pick up more speed at Tube Town, where 20 runs cover a 400-foot surface lift.

Soda Springs Mountain Resort is located at 10244 Soda Springs Road in Norden, Calif., and more information can be found at skisodasprings.com.

9

BOREAL MOUNTAIN RESORT

Looking to ride after work or school? Boreal is best known for its night skiing and snowboarding, as it's open until 9 p.m. daily with easy highway access. If that's not enticing enough, there are 33 trails, six chairlifts, and epic terrain parks with half pipes, jumps, rails, and banks. Boreal also has a Start Park, which is designed to introduce skiers and snowboarders to transitional park riding through a slightly more advanced terrain with sculpted snow bumps and berms.

Boreal Mountain Resort is located at 19749 Boreal Ridge Road in Soda Springs, Calif., and more information can be found at rideboreal.com.

10

DONNER SKI RANCH

Donner Ski Ranch isn't fancy, and that's how they want it. Family owned and family oriented, the resort strives to make skiing and snowboarding accessible for all. You can't beat the Old School Days promotion offered almost every Tuesday through Thursday, when lift ticket prices roll back to \$40 for adults and \$22 for children (plus equipment rental for just \$20). Six chair lifts serve 78 runs on the front and back sides of the mountain with options for every skill level, and non-riders can enjoy a tubing park and snow play area.

Donner Ski Ranch is located at 19320 Donner Pass Road in Norden, Calif., and more information can be found at donnerskiranch.com.

**11****NORTHSTAR CALIFORNIA RESORT**

A year-round resort with both winter and summer activities, Northstar is home to 100 ski and snowboard trails, 20 lifts, and eight terrain parks spread across 3,170 acres. The resort also has cross country skiing, telemark skiing, tubing, snowshoeing, and ice skating, as well as two Kids Adventure Zones that are built with families in mind. When you're not hitting the slopes, explore everything The Village at Northstar has to offer, which includes upscale dining and shopping options, live music, a movie theater, yoga classes, and more.

Northstar California Resort is located at 5001 Northstar Drive in Truckee, Calif., and more information can be found at northstarcalifornia.com.

12**DIAMOND PEAK SKI RESORT**

You'll feel right at home when skiing or snowboarding Diamond Peak, as this community-owned resort has miles of welcoming, uncrowded runs and some seriously incredible views of Lake Tahoe since it's right next door on the North Shore. Strap in for 30 trails, six lifts, and two terrain parks, plus a Child Ski Center dedicated to the littlest riders. If you're looking for a deal, Diamond Peak provides free passes to kids age six and younger and seniors who are 80 years old and up.

Diamond Peak Ski Resort is located at 1210 Ski Way in Incline Village, Nevada, and more information can be found at diamondpeak.com.

13**ROYAL GORGE CROSS COUNTRY RESORT**

Royal Gorge is the largest XC (cross country) resort in North America, offering six distinct trail systems and nine different warming huts on 6,000 acres. If you're unfamiliar with cross country skiing, welcoming instructors are available to introduce you to the sport before you explore 27 beginner trails with gorgeous views of the Northern Sierra. Royal Gorge also has snowshoeing and dog-friendly trails, perfect if your furry friend enjoys tagging along for a day in the snow.

Royal Gorge Cross Country Resort is located at 9411 Pahatsi Road in Soda Springs, Calif., and more information can be found at royalgorge.com.

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14

MT. ROSE SKI TAHOE

Just 25 minutes away from Reno is Mt. Rose Ski Tahoe, the closest ski resort to the Biggest Little City. A base elevation of 8,260 feet provides supreme snow conditions for more than 60 trails, eight chairlifts, and three terrain parks on 1,200 acres. Seasoned skiers and boarders can tackle The Chutes, which are some of the steepest and longest slopes found in North America. If you want to try Mt. Rose before committing to a season pass, visit on Two'er Tuesdays when you can get two lift tickets for the price of one or Ladies Day Thursdays when all women receive discounted lift tickets.

Mt. Rose Ski Tahoe is located at 22222 Mt. Rose Highway in Reno, and more information can be found at skirose.com.

15

TAHOE DONNER DOWNHILL SKI RESORT

For generations of skiers and snowboarders, Tahoe Donner Downhill Ski Resort has been the go-to option for those seeking a unique and affordable experience. With 120 skiable acres, 17 runs, and three terrain parks, Tahoe Donner is best known for its learn-to-ski programs tailored for all ages, including kids as young as three years old. It also boasts a cross country ski center with select trails for snowshoeing and fat biking (think mountain biking with wider tires), as well as a snow play area with sledding and tubing.

Tahoe Donner Downhill Ski Resort is located at 11603 Snowpeak Way in Truckee, Calif., and more information can be found at tahoedonner.com. ■



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Coffeebar serves more than just a great cup of coffee. We are a radically-inclusive Italian café experience and local hub, serving everything from your morning espresso to your evening glass of wine. Inspired by the cafe culture in Italy, we are dedicated to local producers and artisans, and driven by our staff, customers, and community. Our food and baked goods are always made from scratch and with love and we are only as good as the next cup we make. **Making people feel great is our M.O.**

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LIFESTYLE**



WHYRENO.ORG

WINTER & SPRING

There's always something to do in Reno, whether there's snow on the ground or a sun high in the sky. As the months move from winter to spring, get to know the city and its neighboring communities by becoming part of them. This diverse range of events – one that includes everything from bar crawls and Broadway to festivals and food adventures – is the perfect introduction.

PINS FOR PAWS

Jan. 20

Lace up your bowling shoes for a pawsome event benefitting the Canine Rehabilitation Center and Sanctuary on January 20. Pins for Paws invites you inside the National Bowling Stadium, not normally open to the public, for two games of bowling along with raffle prizes and family-friendly activities. Admission is \$25 for adults and \$15 for children, and all proceeds will help rescued dogs in need of some extra TLC find forever homes. Register your team at crcsgiveslife.org.

KINKY BOOTS

Jan. 26-28

Inspired by a true story, Broadway musical “Kinky Boots” tells the tale of a struggling shoe factory owner who turns his business around with the help of a fabulous entertainer in need of some sturdy stilettos. The Pioneer Center for the Performing Arts hosts this winner of six Tony Awards – including Best Musical – for five shows January 26-28. Purchase tickets at pioneercenter.com.

TEDX UNIVERSITY OF NEVADA

Jan. 27

Experience something new on January 27 when almost two dozen local and national speakers take the Reno Sparks Convention Center stage to present ideas worth sharing. TEDx University of Nevada will welcome entrepreneurs, journalists, therapists, artists, and techies to talk about topics that encourage attendees to explore new ways of thinking, learn something new, and pique curiosity. Visit tedxuniversityofnevada.org for more information.

RENO MARDI CRAWL

Feb. 10

The Biggest Little City will feel more like The Big Easy on February 10 as this Mardi Gras-themed crawl takes over downtown Reno. The more festive your outfit, the more bead necklaces you'll earn at 15-20 participating stops. There will also be classic cocktails like Hurricanes and Hand Grenades, \$3 drink and beer specials, photo booths, and live entertainment along the way. Find costume inspiration at crawlreno.com.

RENO ICE RINK

through Feb. 11

'Tis the season to slip on a pair of ice skates at Greater Nevada Field. The Reno Ice Rink returns through February 11 and is expected to be open every day barring inclement weather. There's also Character Days every Sunday, giving you the chance to take laps with Disney princesses on January 21, Captain America and Wonder Woman on January 28, and "Paw Patrol" pups on February 4. Get details at greaternevadafield.com.

STOMP

Feb. 23-24

Since 1991, STOMP has been captivating audiences with pulse-pounding performances and magnificent rhythms created from any and everything but conventional musical instruments. The award-winning classic is perfect for fans of all ages, and one worth watching again no matter how many times you may have seen it. Experience it February 23-24 at the Pioneer Center for the Performing Arts, with tickets available at pioneercenter.com.

SNOWFEST! NORTH LAKE TAHOE

March 1-11

Dubbing itself the "Mountain Mardi Gras," SnowFest is 10 days and nights of fun throughout North Lake Tahoe. From March 1-11, residents and visitors can enjoy parades, fireworks, concerts, and special events like the Polar Bear Swim, I-Did-A-Run dog pull race, and the crowning of the SnowFest Queen. On-snow activities will be held at numerous resorts, too. View the complete SnowFest schedule at tahoesnowfest.org.

SHRINE CIRCUS

March 2-4

Have a weekend of fun under the big top when the Shrine Circus comes to town March 2-4. Serving as a fundraiser for the Shriners Hospitals for Children, there will be high-flying trapeze acts, motorcycle stunts, clowns, and much more at the Reno-Sparks Livestock Events Center. Learn more at kerakshrine.com.

MONSTER JAM

March 9-11

Weighing 12,000 pounds and standing almost 11 feet tall, the world's largest and most famous monster trucks will tear up Reno-Sparks Livestock Events Center with their best stunts and tricks March 9-11. Cheer on fan favorites like Grave Digger, El Toro Loco, Brodozer, and the Monster Mutt Dalmatian. Purchase tickets at monsterjam.com.

SPARKS SHAMROCK SHUFFLE

March 10

Don your greenest garb and hope you're as lucky (and fast) as a leprechaun at the Sparks Shamrock Shuffle on March 10. This costumed 5K for fun takes runners, joggers, and walkers on a course through downtown Sparks, and there will be free green beer served in commemorative pint glasses and goodies waiting for finishers. Register to race at crawlreno.com.

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EVENTS

WINTER & SPRING

THE SOUND OF MUSIC

March 16-18

The hills will be alive with “The Sound of Music” when the hugely popular musical returns March 16-18 to the Pioneer Center for the Performing Arts. Maria and the von Trapp family bring beloved classics like “My Favorite Things,” “Edelweiss,” and the title song to life for just five performances, and this brand new production is not to be missed. Tickets are on sale February 12 at pioneercenter.com.

27TH ANNUAL ROCKY MOUNTAIN OYSTER FRY

March 17

Have a ball (or two) on March 17 and join thousands of costumed connoisseurs at the 27th Annual Rocky Mountain Oyster Fry in Virginia City. Multiple competitors will smoke, fry, or grill tasty treats for the chance to take home first place in categories like best overall taste, most creative dish, and best plated presentation. Those without an appetite for the delicacy can partake in the main street parade, beer garden, or Ballbreaker Saloon Crawl. Learn more at visitvirginiacitynv.com.

RENO BIGHORNS HOME GAMES

through March 24

Back for its ninth season, the NBA G League affiliate of the Sacramento Kings has home games at the Reno Events Center through March 24. The Reno Bighorns face the Iowa Wolves for two games on March 12 and 14, then battle the Agua Caliente Clippers on March 16. For the final two home games of the regular season, the Bighorns take on the Oklahoma City Blue on March 17 and the Raptors 905 on March 20 before hopefully chasing a playoff championship in April. View the complete schedule at renobighorns.com.

WINTERWONDERGRASS TAHOE

April 6-8

Set in North Lake Tahoe’s Squaw Valley, WinterWonderGrass Tahoe is a three-day festival that combines craft beer and bluegrass with a love of the mountains. Two dozen bands will perform April 6-8, and a beer hall will feature more than 20 breweries and cider houses. WinterWonderGrass Tahoe also emphasizes a commitment to sustainability, support of the arts, and local non-profits, making a fun-filled weekend even better. Purchase tickets at winterwondergrasstahoe.com.

CABARET

April 13-15

Leave your troubles outside the Pioneer Center for the Performing Arts as the venue says “Willkommen” to “Cabaret” April 13-15. Meant for mature audiences, this Tony Award-winning musical features some of the most memorable songs in theater history as a story unfolds about following your heart as the world loses its way. Visit pioneercenter.com for details.

HALL OF HEROES*through April 15*

Equally fun for kids and kids at heart, the Wilbur D. May Museum's Hall of Heroes exhibit invites you to explore the world of superheroes and crime fighters. The immersive, interactive experience features movie props and costumes, memorabilia, and rare artifacts, plus dozens of stations where you can measure your own agility, speed, and strength. Discover your superpower through April 15, and learn more at facebook.com/wilburmaycenter.

90s BAR CRAWL*April 21*

Relive the glory days of the 1990s with the 90s Bar Crawl through downtown Reno on April 21. Pick up a signature bar crawl cup that includes a welcome drink upon arrival, then enjoy drink specials and '90s jams inside participating establishments. You'll have to bring your own flannel shirt, chain wallet, and Beanie Babies. Get more information at 90sbarcrawl.com.

DINE THE DISTRICT FOOD TOUR*April 28*

Set alongside the Truckee River, Reno's Riverwalk District is home to boutique shopping, a flourishing nightlife scene, and a wide range of culinary delights. Explore them all when you partake in the Dine the District Food Tour and sample everything from coffee and chocolate to Thai and raw food. More than 20 local businesses will participate on April 28, so come hungry. Visit renoriver.org to score tickets while they last.

AMSOIL ARENACROSS*April 28-29*

Billed as the "most intense motorcycle racing on the planet," top two-wheeling professional athletes will take on a custom-designed track during the AMSOIL Arenacross. From April 28-29 inside the Reno-Sparks Livestock Events Center, obstacles sculpted from 3,000 tons of dirt will send racers flying up to 30 feet in the air as they compete to take home the championship at the end of the season. Find complete details at arenacross.com. ■



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Executive Chef Will Burns

MOODY'S BISTRO BAR & BEATS



Photos by Court Leve



Moody's Bistro Bar & Beats

Established in 2002, Moody's Bistro Bar & Beats describes itself as the "quintessential Truckee experience." Cooking up regional mountain bistro cuisine alongside craft cocktails and a stage that boasts world-class musicians, Moody's – as it's known to locals – must not be missed.

You'll find Moody's on the ground floor of the historic Truckee Hotel, which was built and originally operated by John F. Moody (hence the name) in 1873. The cozy restaurant serves a Zagat-rated menu helmed by Executive Chef William Burns, who studied at New York's prestigious French Culinary Institute before heading west to work for The Ritz-Carlton's Laguna Niguel and Lake Tahoe properties. Emphasizing a farm-to-table dining approach, Moody's lunch and dinner offerings change seasonally to feature locally grown, organic ingredients as much as possible. Guests are invited to enjoy everything from a quick bite to a multicourse dinner, and

Moody's prices the menus accordingly to meet the needs of every budget.

If the food and drink aren't enticing enough, Moody's also hosts live music every Thursday through Saturday. Performers have included nationally touring acts and up-and-coming regional favorites, covering a wide range of jazz, soul, rhythm and blues, Americana, and hip-hop genres. In fact, every summer the restaurant presents Moody's Jazz Camp, a free, week-long event for local music students that aims to inspire talent and build an appreciation for the art form.

Perfect for hometown residents and out-of-town tourists alike, Moody's will make you feel like you've always been part of the family. As the staff likes to say, they can't wait to see you.

Moody's is located at 10007 Bridge Street in Truckee, Calif., and is open daily from 11 a.m. to 9:30 p.m.

continues

COTTONWOOD RESTAURANT & BAR



Photo by Summit Side Photo & Video



Photo by Cole Wilford

Cottonwood Restaurant & Bar

Surround yourself with mountain adventure and elevated rustic dining inside Cottonwood Restaurant & Bar. You'll come for the diverse menu and stay for the sweeping city views.

While the eatery was opened on New Year's Eve in 1988, the building itself dates back to 1928. Initially serving and now standing as one of the nation's oldest ski lodges, Cottonwood – originally known as Hilltop Lodge – was hand built using salvaged railroad ties that came from an abandoned logging operation. No matter what season you visit, inside you'll find artifacts, photographs, and artwork on display that serve as a visual history lesson of its skiing legacy.

Cottonwood's simple menu is executed flawlessly, and it changes seasonally to incorporate locally sourced ingredients. Hearty meat dishes, flavorful house specialties,

and inventive starters are all tempting, and choosing just one option may prove difficult. The Whole Leaf Caesar salad remains on the menu no matter the time of year as one of Cottonwood's more well-known offerings, with fresh dressing made to order. As for dessert, you'll simply have to visit to discover the sweet treats being prepared by an expert pastry team.

Large windows fill Cottonwood's vast dining room, but it's the expansive outdoor deck that's considered prime seating. Take in picturesque views of downtown Truckee and the surrounding Sierra Nevada range as you enjoy a leisurely drink or meal. From here, it will be easy to see why so many fall in love with this quaint mountain town.

Cottonwood Restaurant & Bar is located at 10142 Rue Hilltop Road in Truckee, Calif., and is open Sunday through Wednesday from 5 p.m. to 9 p.m. and Thursday through Saturday from 5 p.m. to 9:30 p.m..



PIANETA

CUCINA ITALIANA



Pianeta

For a taste of Italy in the heart of downtown Truckee, look no further than the warm, old world ambiance of Pianeta. Intimate and inviting with authentic cuisine, this ristorante is in such high demand that reservations are almost always required.

Lead by Executive Chef Bill Arnoff, Pianeta serves a Zagat-rated menu that specializes in Italian/Mediterranean dishes. All the rolled pasta is made in-house daily, and it's the star of the show as ricotta and Parmesan-stuffed raviolis and tagliatelle topped with a classic beef and veal tomato ragu. Ample portions of chicken Marsala, filet mignon, and double cut lamb chops are plated for meat lovers, and the pre-dinner antipasti and insalate are just as appetizing. You'd also be remiss to not save room for dessert, as Pianeta offers Italian favorites like panna

cotta, tiramisu, and a chocolate-polenta puddle cake. Arrive hungry.

As one might expect, Pianeta's wine list is as extensive as it is impressive. More than 100 selections are broken down into categories that include chardonnays, merlots, and altro reds and whites, the majority hailing from Italy and California's wine country. Sip your standard or find a new favorite by the glass, bottle, or half-bottle.

If you find your meal at Pianeta to be one for the record books, know that you have the option to buy a round of beers for the kitchen as a gesture of thanks. With food and service this good, be prepared to buy two. ■

***Pianeta is located at
10096 Donner Pass Road in
Truckee, Calif., and is open
daily from 5 p.m. to 9 p.m.***





Photo by Nick Sorrentino



Photo courtesy of Need 2 Speed

ACTION *indoor* ACTIVITIES

WHEN THE WEATHER OUTSIDE IS FRIGHTFUL, AN ACTION-PACKED LIST OF INDOOR ACTIVITIES WILL MAKE THINGS MUCH MORE DELIGHTFUL. SKIP THE SNOW AND FIND THRILL-SEEKING FUN INSIDE WITH ESCAPE ROOMS, TRAMPOLINE PARKS, BOCCE BALL, AND GO-KART RACING.

continues



Escape rooms are fun, yet challenging activities where groups are locked in themed rooms and given 60 minutes to decipher clues and puzzles that will lead to their release. The goal is to solve the mystery or find the solution as quickly as possible by working together as a team.

Break Through Reno (294 E. Moana Lane, Suite 13, Reno) has games designed for three to six people. You have 60 minutes to solve mysteries by using hints and clues from around the room to escape. Choose from games like “Betrayal at High Noon,” and try your best to escape the jail cell you’ve been locked in while also locating the gangster who imprisoned you. Children 14 and younger are welcome to participate with a guardian or explore “The Witch in the Wild West,” an adventure created for players between the ages of 4-12.



The Puzzle Room (135 N. Sierra Street, Suite B, Reno) located in downtown Reno offers four different escape room themes, as well as a private events room. Start out with an easier puzzle like “The Valley of the Kings,” where you are tasked with working your way to the heart of the pyramid before becoming cursed, or try the more difficult “Below Ground,” where you must diffuse an underground bomb to save the nearby city.

Key and Code (1420 Scheels Drive, Suite E-108, Sparks) is the area’s newest escape room, which offers a thrilling team experience as you work together to solve the puzzle and escape. The venue’s most popular room, “Dr. Ensaine,” has your team break into a suspicious dentist’s office where patients enter and don’t exit. You have 60 minutes until he returns.

Photos courtesy of Break Through Reno



Bundox Bocce (1 Lake Street, Reno), Northern Nevada's only indoor/outdoor bocce event space, recently opened in the newly renovated Renaissance Reno Downtown Hotel. The 22,000-square-foot facility features seven indoor bocce courts, two outdoor bocce courts, nine Skee-Ball machines, a shuffleboard table, ping pong, dart boards, and a full bar with unique menu items, as well as plenty of comfortable seating throughout. If that's not enough, Bundox Bocce also has eight big screen TVs, large format projection, outdoor patio seating, and two private event rooms, one complete with a private bar.

For those new to the sport, which originated in Europe and has amassed a loyal following stateside, simplicity is key. In some ways similar to shuffleboard, bocce is an ideal group activity. Two teams of one to six people can play on a court at one time with a bocce set consisting of eight large balls and one smaller target ball called the pallino. The team with the most balls closest to the pallino scores, with one point awarded for every ball the scoring team has closer than the opposing team. The game continues until 12 points, or a pre-determined number, is reached. Bundox Bocce can accommodate 72 players at once.

continues



Photos by Nick Sorrentino



Photo courtesy of Fly High Trampoline Park

Trampoline parks are the perfect way to get your heart rate up and get some energy out when it's cold outside. **EZAIR** (895 E. Patriot Boulevard, Reno) is an indoor trampoline park and laser tag arena, with activities for all ages. With multiple trampolines, there are places for children to jump as well as advanced areas for more seasoned jumpers. If you're looking for a spot to perfect your aerial maneuvers, the EZ Launch area allows jumpers a place to land safely in an airbag. Those who enjoy monkeying around can try the park's new EZ CLIMB walls, equipped with auto belay so no one needs to assist with the climbing process. Groups can dodge, duck, dip, dive, and dodge in EZ DODGE trampoline dodgeball games, or even face-off in an EZ BATTLE jousting arena. Last but not least, EZAIR's indoor laser tag arena offers 3,800 square feet of fun where you can use state-of-the-art LaserBlast equipment to compete in the black-lit, space-themed arena, complete with special effects, lasers, and fog.

Fly High Trampoline Park (10 Greg Street, Unit 104, Sparks) will accommodate everyone from beginning

bouncers to seasoned, technical jumpers. Try your latest tricks in this new, state-of-the-art facility, and practice sticking your landings in the foam pit. Looking to do more than just jump? Engage in a game of trampoline basketball or take over one of the designated dodgeball courts for more fun.

Open seven days a week, **Need 2 Speed** (6895-B Sierra Center Parkway, Reno) offers the ultimate indoor racing experience. Rev your engines and enjoy adrenaline-pumping fun as you race in a 45 mph high-performance electric kart for 14 laps or the time equivalent. The Need 2 Speed track uses the safest barrier system available, made to absorb impact and provide excellent visibility for drivers. Youth racing also is available for racers at least 48-inches tall with a signed waiver from a parent or legal guardian. For an even bigger thrill, check out under-lit black light racing fun on weekends from 5 p.m. to close, where the lights are out and the track is lit by neon. End your racing experience with a round of one-of-a-kind black light mini golf. ■



Photo courtesy of Need 2 Speed

For more information about the businesses mentioned in this story, visit the following websites:

Break Through Reno
breakthroughreno.com

The Puzzle Room
puzzleroomreno.com

Key and Code
keyandcode.com

Bundox Bocce
bundoxbocce.com

EZAIR Trampoline Park and Laser Tag Arena
ezairsports.com

Fly High Trampoline Park
flyhightrampolinepark.com

Need 2 Speed
need2speed.com

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www.flyhightrampolinepark.com/locations/reno-nv

RENO

*by Steven Silva and David Lewandowski
Attorneys at Fennemore Craig focusing on
land use and start-ups*

WALK AROUND RENO AND YOU CAN FEEL A CHARGE IN THE AIR. THE ENERGY IS PALPABLE. WHETHER STROLLING BY THE FUNKY BOUTIQUES OF MIDTOWN OR TAKING IN A QUICK PINT IN THE BREWERY DISTRICT, YOU CAN'T HELP BUT SEE THAT BUILDINGS ARE RISING FROM THE GROUND ALL AROUND THE REGION. RENO HAS BECOME THE NEXT SILICON VALLEY, SEATTLE, AUSTIN, AND PORTLAND IN THE MINDS OF THE NATIONAL MEDIA, HAVING LANDED UNBELIEVABLE DEALS TO HOST TESLA, APPLE, AND OTHER MAJOR TECHNOLOGY COMPANIES. EVEN THE TECH GIANT GOOGLE RECENTLY PURCHASED 1,210 ACRES OF LAND AT THE TAHOE RENO INDUSTRIAL CENTER FOR NEARLY \$29.1 MILLION, ACCORDING TO DOCUMENTS FILED WITH STOREY COUNTY EARLIER THIS YEAR. THIS REMARKABLE EVOLUTION OF RENO FROM A GAMING MECCA TO A MAJOR TECH-HUB HAS BEEN FUELED BY HIGH-PROFILE DEVELOPMENT DEALS, GARNERING NATIONAL MEDIA COVERAGE. RENO HAS BECOME AN "IT" TOWN, AND IT ISN'T BY ACCIDENT.

continues



vacation

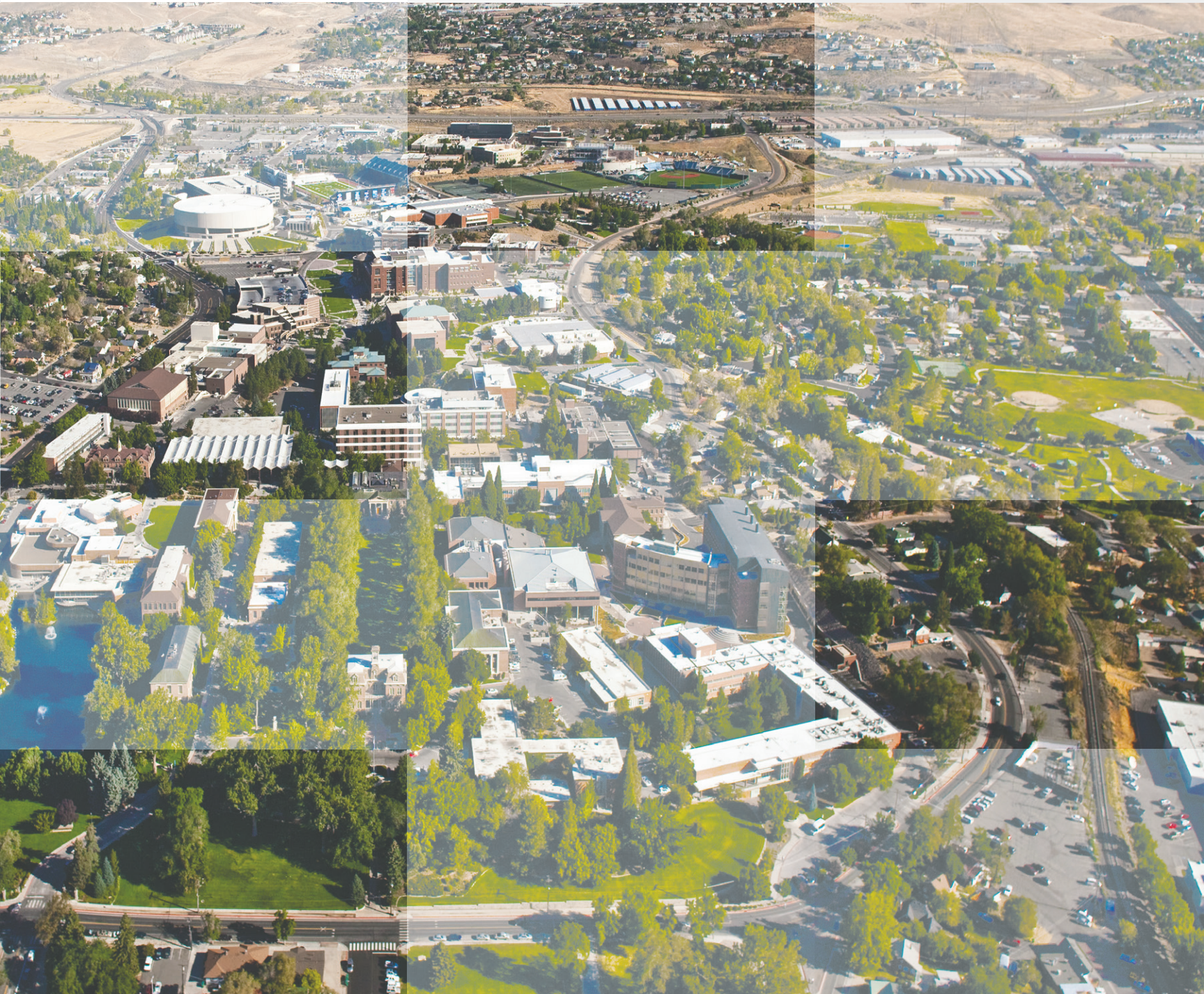




Photo courtesy of Tesla

This revitalization – this RENOvation – is no quirk of fate, but the hard-earned fruits of the labor of a community working tirelessly to leave behind both the worst economic crisis in a half-century and the legacy of “Reno 911” jokes, to ascend to new heights. Beyond the headline-generating billion dollar deals is a story of hard-won, ground-up perseverance and a willingness to invest in regional growth. A willingness to reinvent the region born from necessity.

A scant six years ago, the sense of urgency was profound. “We Must Start Now.” – this declaration headlined the *Reno Gazette Journal* on February 3, 2011, following a forum held by business and community leaders to discuss Reno’s economic downturn. Northern Nevada was crippled. The real estate bubble had burst, thousands of homes were in foreclosure, the historic gaming sector was down, and Reno was facing one of the highest unemployment rates in the country at 13.1%, nearly a full 4% above the national average.

The forum, titled “Reno 2020,” aimed to develop specific scenarios that would plot a decades-long course to set the region on a path to greater

economic success. Among the areas identified, four key areas were considered vital for economic development: education, green energy, fiscal policy, and innovation.

It was at this moment that Reno began its commitment to place an increased focus on creating and fostering startups to spur both innovation and entrepreneurship. With the assistance of organizations like the Economic Development Authority of Western Nevada (EDAWN) and the Nevada Center for Entrepreneurship and Technology (NCET), an immediate emphasis was put on building an ecosystem to nurture early-stage startups and to ensure that valuable resources were made available and easily accessible. Efforts from organizations like Entrepreneurship Nevada began breaking down the silos that had historically prevented entrepreneurial support organizations from collaborating and sharing resources. The Entrepreneurs Assembly was formed to provide free mentoring for early-staged entrepreneurs, and Summit VMS and Entrepreneurs’ Organization were created to step in to provide mentorship to some of Reno’s more established revenue-generating companies. A weekly gathering called

1 Million Cups was formed to give entrepreneurs an opportunity to pitch their ideas and get real-time feedback from the community. It was this conscious and concerted effort to focus on innovation that has transformed Reno from a struggling victim of the 2008 real estate crash to one of the nation's most vibrant and up-and-coming entrepreneurial cities.

It's a story of successes both splashy and subtle. Eight years after the bottom of the worst recession in modern history, Northern Nevada has become home to a plethora of promising startup companies. In addition to the international headline success stories of securing the Tesla Gigafactory at the Tahoe Reno Industrial Center and all the growth that came with it, Reno's homegrown innovators and smaller relocated companies are piloting the future course of the region.

Companies such as Flirtey, a premier independent drone delivery service, which has worked with NASA, Johns Hopkins University of Medicine, and has also partnered with Domino's and 7-Eleven to make home deliveries, are plotting the flightpath for the new Reno. Dragonfly Energy, a lithium ion battery company selling an array of standard and custom battery packs for a wide variety of applications, helps lead the charge, dovetailing between smaller startups and energy giants like Tesla.

The Reno community has rallied, launching incubators and collaborative "maker spaces," including StartupNV, AdamsHub, and the inNEVation Center, to support the bustling local momentum.

Alongside the robust growth in technology companies, Reno has also seen a massive resurgence in local retail and other amenities. No story about tech is complete without discussing coffee. Often serving as informal floating offices and hubs for startups, Reno's caffeinated gathering spots have kept pace with the regional boom. Homage Bakery has reorganized its interior seating

several times to make additional space within the footprint of its charming bungalow home, serving independently roasted coffees alongside freshly baked pastries and pies.

In the heart of downtown, the Basement of the former United States Post Office plays host to Global Coffee, centralizing the caffeine fix in an open space environment surrounded by complimentary vendors like RAWBRY juice bar and Chomp, a fresh-made salad shop. Swill, meanwhile serves up coffee and wine, covering both ends of the tech-world's day. These coffee shops serve as physical spaces for entrepreneurs to grow their companies and are a vital part of the story of Reno's revitalization as the tech (and in some ways echo the Peppermill's own evolution from a coffee shop to the region's premier resort).



"We Must Start Now."

— this declaration headlined the *Reno Gazette Journal* on February 3, 2011.

Beyond the bean, Reno boasts a thriving and growing "foodie" scene. Local favorite Old Granite Street Eatery serves up fresh and mindfully sourced plates, while Midtown Eats success has caused it to outgrow its original home and move to a larger building in the heart of Midtown. The bar scene has grown as well. From the historic free drinks of the casino floors to revitalized historic buildings housing bars like the Lincoln Lounge, to the hand-crafted cocktails of Death & Taxes nestled in a quaint renovated duplex, Reno's revitalization is firing on all cylinders as the tech-fueled growth helps each sector rise, like the new office buildings springing up throughout the region.

continues



Old Granite Street Eatery

Even local retail has surged, with giants like Patagonia and West Elm furnishings moving into downtown buildings. Local retail has grown as well; Big Truck hats can be spotted on the heads of many locals in town and on the mountains, as locals embrace the entrepreneurial culture and growth taking root.



This growth has come with a new set of challenges – challenges that most cities would envy, but which require long-term efforts to resolve. An increase in population has led to increased traffic, prompting the State of Nevada to announce several improvements to area freeways. Improvements such as the Reno/Sparks Southeast Connector should further enhance connectivity from the Bay Area to the Tahoe Reno Industrial Center, as well as improving regional commutes. Housing prices also have grown, an aftereffect of the slowdown in construction of homes during the Great Recession. Rising to meet those challenges, local developers have started adding housing around the University of Nevada, Reno, further promoting the educational aspirations of Reno 2020, which create a positive feedback loop with the surging tech industry.

Two notable developments are very emblematic of the transition from Old Reno. Rancharrah, a verdant ranch owned by the family of Bill Harrah (a pioneer of Reno and Nevada gaming), is under development to become a scenic community with custom homes to mid-price housing, centered around the renovated Rancharrah Mansion and a



Lincoln Lounge

new commercial park. Although not limited to tech-sector executives, it's clear that Rancharrah has been developed with the tech-sector in mind. Park Lane, a new mixed-use apartment community largely aimed at millennials, is rising from the bare asphalt of a long-demolished mall. Located at the southern base of Midtown, with an emphasis on walkability and connectivity, Park Lane is positioned to attract the tech-savvy, startup-oriented generations to the heart of Reno. It is impossible to overlook the symbolism of these advancements, tech-oriented housing developments physically rising within the same footprints of the legacies of gaming and the remnant of economic troubles. Even more ambitious growth is slated, with several plans to expand the downtown area to the surrounding neighborhoods. Local architects have buildings drawn and concepts at the ready to house Reno's revitalization.

This conscious refocusing toward entrepreneurship and innovation has diversified the Reno economy, created jobs, and boosted the city's long-term economic prosperity. Today, the foreclosure signs are all but gone, and the unemployment rate is less than 5%. There is an energy now that Reno hasn't

seen in a very long time, propelling Northern Nevada forward and improving the life and opportunities of its residents and visitors. It is hard to know what exactly lies ahead, but whatever it is, you can be sure it will be exciting. The sky is the limit for what Reno will be by 2020. ■



Lincoln Lounge



COFFEE & TEA SHOPS

NOTHING BEATS A GOOD CUP OF COFFEE OR TEA, WHETHER YOU'RE LOOKING FOR A MORNING PICK-ME-UP OR RELAXING YOUR CARES AWAY AT THE END OF THE DAY. SKIP STARBUCKS AND DRIVE PAST DUNKIN' DONUTS THE NEXT TIME YOU'RE IN NEED, AND OPT INSTEAD TO TRY ONE OF RENO'S MANY LOCALLY OWNED COFFEE SHOPS. THE THREE HIGHLIGHTED HERE – OLD WORLD COFFEE LAB, HUB COFFEE ROASTERS, AND COFFEEBAR – ARE THE 2017 BEST COFFEE WINNERS IN THE *RENO NEWS & REVIEW*'S ANNUAL BEST OF NORTHERN NEVADA CONTEST.

OLD WORLD COFFEE LAB

Old World Coffee Lab

Coffee is more than a beverage at Old World Coffee Lab. Passionate about the art and science that go into crafting the perfect cup of joe, the shop and roastery are serving specialties and stories you won't find elsewhere.

Old World Coffee Lab celebrates the uniqueness of every coffee it offers, choosing to source its beans directly from individual farms around the world and highlight the livelihood of each. Take for example the Ethiopia Hambela coffee sold in-store and online. In addition to flavor notes and standard product photos, Old World Coffee Lab features a detailed history of the growers' origins alongside family portraits, as well as the altitude and soil conditions the beans were grown in. These in-depth details can be found for almost all of the shop's rotating coffee selections, making your next cold brew or espresso feel more like a craft beer experience.

Because quality is key for Old World Coffee Lab, you'll find the drinks just as flavorful and inventive as they are storied. Well-done classics are ready to satisfy your caffeine cravings, but seasonal creations and house favorites may tempt your taste buds. Settle into the newly expanded seating area and try a Mocha Drogata or an almond-cherry latte topped with sea salt. Make sure your camera is handy, too, as Old World Coffee Lab's foam art will have Instagram calling your name.

Old World Coffee Lab is located at 104 California Avenue in Reno, and is open daily from 7 a.m. to 6 p.m.



Photos by Josiah Hejny

continues

HUB COFFEE ROASTERS



Photo by Sofia Reynoso



Photo by Sofia Reynoso

Hub Coffee Roasters

Started in June 2009 with just three employees in a 400-square-foot garage, Hub Coffee Roasters has become a beloved community gathering space that's known for pouring a seriously good cup of coffee. Now tucked inside a gorgeous brick building along the Truckee River that also boasts a tea bar, it's easy to see why so many spend part of their day here.

Known to many as "The Hub," the shop has been roasting its own coffee since 2012. Tiny batches were made in a small one-pound sample roaster until high demand meant moving to larger production means. Lots of local partners now carry The Hub's coffee – including Whole Foods, University of Nevada, Reno, Blue Whale Coffee Co. (housed in The Hub's original space), and a dozen more – which is a testament to its popularity and deliciousness.

At the shop, you're invited to savor simplicity with a straightforward menu that offers items like lattes, espresso, cold brew, and drip coffee. Tea lovers won't want to miss the London Fog or Meadows Matcha, but you also can steep your own from a range of loose leaf options that include black, green, white, herbal, and yaupon selections. If indoor seating is limited, you'll find dog-friendly patio tables and a large patch of grass just outside, perfect for fresh air and scenic views. With the path along the Truckee River right across the street, your Hub beverage might best be enjoyed on the go.

Hub Coffee Roasters is located at 727 Riverside Drive in Reno, and is open daily from 7 a.m. to 7 p.m. A secondary Hub Coffee Roasters is located at 941 N. Virginia Street, Space B, and is open Monday through Saturday from 7 a.m. to 6 p.m. during the college semester and Monday through Saturday from 8 a.m. to 1 p.m. during school vacation daily from 11 a.m. to 11 p.m.



Photo by Jamal Barghouti



Photo by Jamal Barghouti



Photo by Sofia Reynoso

COFFEEBAR



Coffeebar

Inspired by the cafes found on Italy's street corners, Coffeebar prides itself on serving high-quality coffee and food from its neighborhood storefront in the heart of Reno. Taking the art of crafting coffee seriously (but not too seriously), one sip will reveal why the shop has become a local favorite.

Coffeebar uses only organic, C1 Grade coffees, which is the highest level of designation in the industry. The shop's master roaster works every Saturday to provide customers with the freshest cups of coffee on Monday morning, and Coffeebar chooses to French press all its brewed coffee for the fullest, smoothest flavor. Enjoy these efforts with an array of drinks, including everything from cappuccinos and chai lattes to specialties like the Marochino – Nutella, gelato, and espresso with whipped cream and cocoa powder – and themed offerings such as the house-made peppermint basil mocha.

If you're hungry, Coffeebar's kitchen makes burritos, bowls, and sandwiches for breakfast and lunch that complement a pastry case full of goodies. Tea, kombucha, wine, and craft beer are options as well.

Sustainability is equally important to Coffeebar. Produce and eggs are sourced from nearby farms, and the shop composts what it can and donates it back to these same partners for a full-circle effect. You can opt to have your in-store drink served in a porcelain mug, or bring your own to save \$0.35 on each purchase. To reduce the number of plastic and wooden stirrers in landfills, Coffeebar sticks to its Italian roots and uses uncooked fettuccine instead. You're encouraged to exclaim "Mamma mia!" as you discard your noodle in the compost bin afterward. ■



Coffeebar is located at 682 Mt. Rose Street in Reno, and is open daily from 6 a.m. to 9 p.m. Additional Coffeebar locations are in Truckee, Calif., Squaw Valley, Calif., and Menlo Park, Calif.

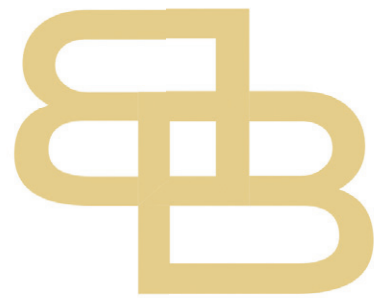


Photos courtesy of Coffeebar



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THE SHOPS AT PEPPERMILL

OSCAR WILDE DECLARED THEATER AS THE GREATEST OF ALL ART FORMS. AS AN UP-AND-COMING ARTS MECCA, RENO'S LOCAL THEATER SCENE TRULY SETS THE STAGE FOR AN ENTERTAINING EXPERIENCE. CHILDREN CAN ENJOY THE MAGIC OF SEEING THEIR FAVORITE BOOKS BROUGHT TO LIFE, WHILE ADULTS CAN ENJOY EVERYTHING FROM TWISTS ON CLASSIC SHAKESPEAREAN PLAYS TO ORIGINAL PRODUCTIONS CREATED BY LOCAL ARTISTS.

RENO

THEATERS



With a mission to create and share the experience of innovative theater, **Brüka Theatre** (99 N. Virginia Street, Reno) accomplishes this with its classic, contemporary, and original performances for adults and children. In its 25th season in downtown Reno, Brüka has been named “Best Local Theater Company” year after year by the *Reno News and Review*. A leader in the region, the theater has been recognized for its productions, artists, and theater for children series since its founding in 1992. Central to Brüka is the commitment to the reinvestigation and reinterpretation of plays and developing new works within Brüka’s Artistic Collective, which includes winners of the Nevada Arts Council and Sierra Arts Foundation artist grants and nine local best actor honors. Brüka is a non-equity and not-for-profit Theater Communication

Group that has produced more than 100 shows. Brüka Theatre for Children presents original adaptations by professional actors touring schools and communities throughout Northern Nevada and California.

Brüka shows have included: *The Rocky Horror Show*, *Othello*, *Metamorphoses*, *Hair*, *A Streetcar Named Desire*, *Amadeus*, and the theater’s original productions of satirical holiday favorite *The Buttcracker*, now in its eighth year. Stacy Johnson and Greg Klin bring *The Untamed* to Brüka this February, which consists of 99 original short plays that are fast-paced, unrated, and entirely written by the cast. *The Untamed* welcomes local comedians, actors, artists, and

continues





Photo courtesy of Reno Little Theater

storytellers to collaborate and perform in a healthy and encouraging environment. Thirty-three plays are performed each night in a random order determined by the audience.

As Nevada's longest-running community company, **Reno Little Theater** honors tradition while encouraging innovation, creativity, and community participation in the magic of theater. A volunteer-driven, non-profit organization, Reno Little Theater provides a setting for people of all backgrounds to learn about live theater. Over the years, Reno Little Theater has offered adult and grammar school drama classes, playwriting

competitions, a children's theater, and more than 5,000 onstage performances. Reno Little Theater also has taken its productions from its main stage to local parks and other Nevada communities. The theater offers a variety of plays each season, including musicals, comedy, mystery, suspense, and drama.

Reno Little Theater (147 E. Pueblo Street, Reno) produced its first play, *Three Cornered Moon*, at the University of Nevada, Reno in 1935. In 1941, Reno Little Theater purchased Dania Hall at Sierra and 7th streets and, with community funding and volunteer labor, remodeled the building and finished the interior as its first theater.



Photo courtesy of Reno Little Theater



Photo courtesy of Good Luck Macbeth

The building served Reno Little Theater for more than 50 years before being demolished. The new theater location opened at 147 E. Pueblo Street in January 2012. Upcoming shows include a stage adaptation of the film *Steel Magnolias*.

As Reno's premier black box theater, **Good Luck Macbeth** (124 W. Taylor Street, Reno) is known for innovative works, original pieces, and classic productions. Their shows tap into the vibrant pulse and beat of the city, providing a welcoming space for all voices and experiences. The inclusive, not-for-profit theater company generates and supports educational and artistic initiatives that enrich the lives of local citizens, and strives to be an affordable and accessible space for the Northern Nevada community by providing a venue and an artistic home to playwrights, poets, singers, songwriters, actors, and artists.

The 2017 season showcased *Titus Andronicus*, a retelling of Shakespeare's bloodiest play

that was helmed by an all-female cast and set inside a woman's prison in 1920s rural Nevada instead of the Roman Empire, and *The Mountaintop*, a production about Reverend Martin Luther King Jr.'s last night on earth set in room 306 of the Lorraine Motel.

Good Luck Macbeth moves to a new venue in 2018, and will be able to open their doors to new partnerships and organizations within the community. Artemisia, an independent movie house, and the Reno Jazz Organization are just a few of the groups that will be joining Good Luck Macbeth in the new year. In addition to their move, the theater plans to make their 10th anniversary season one for the books with a season packed with an ambitious and diverse array of contemporary shows. The new venue will officially open its doors February 2, 2018, with the premiere of *The Royale* by Marco Ramirez, a play centered around a controversial boxing match that took place in Reno in July of 1910. ■



Photo courtesy of BrÜka Theatre

Websites:

BrÜka Theater: www.bruka.org

Reno Little Theater: www.renolittletheater.org

Good Luck Macbeth: www.goodluckmacbeth.org

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HIMALAYAN RETREAT

Halotherapy, or salt therapy, has been touted for hundreds of years by ancient healers who have recommended it for everything from increased respiratory health to treating skin conditions. Modern therapy first came to light in the mid-1800s when Polish health official Felix Bochkovsky made the observation that salt mine workers rarely suffered from colds, respiratory ailments, or lung diseases. Bochkovsky attributed this to the salt aerosol being inhaled on a daily basis. From there, salt therapy became a frequently used technique in many Eastern European countries, and is still relatively new to the U.S.

Spa Toscana's Himalayan Retreat provides a 170-square-foot sanctuary to enjoy before or after your spa treatment. Created with relaxation in mind, the retreat features Himalayan pink sea salts and soothing, dimly lit walls to produce the perfect experience. Similar to a meditation session, the therapy works best when you breathe deeply while listening to calming music and focusing on the natural beauty of the salt crystals. The nutrients found in salt are essential for your

continues

Give yourself the gift of wellness this winter. Peppermill's Spa Toscana is introducing new facial treatments and a Himalayan salt retreat that will be a delight for the senses.





skin, immune system, circulation, and body to replenish moisture and offset the harmful toxins we naturally ingest.

HydraFacials are also new to Spa Toscana. HydraFacial is the only procedure that combines cleansing, exfoliation, extraction, hydration, and antioxidant protection simultaneously, resulting in clearer, more beautiful skin with no discomfort or downtime. The treatment is soothing, moisturizing, non-invasive, and non-irritating. The HydraFacial treatment improves the appearance of fine lines, wrinkles, congested and enlarged pores, oily or acne-prone skin, hyperpigmentation, and brown spots, and is suitable for most skin

types. Best of all, it offers instant, noticeable results with no downtime or irritation, and the results may last five to seven days.

HydraFacials differ from regular facial treatments in that the spa technician uses a wand/hand piece that can perform all functions of a facial including cleansing, exfoliation, extractions, moisturizing, and LED therapy. This process is both preventive and corrective.

Choose from a variety of HydraFacial options. The 50-minute treatment gives you the benefits of a deep exfoliation without the aggression by using hydradermabrasion, a gentle and effective way to exfoliate without





the use of hard crystals. Perfect for reducing the appearance of fine lines, uneven skin tone, congestion, and dehydrated skin, you'll leave looking and feeling refreshed.

For a year-round moisturizing solution, the 80-minute Exceptional HydraFacial is recommended anytime skin moisture is depleted, particularly during the harsh winter months. This treatment uses LED technology to maximize the benefits of specialty serums, including the Brightalive Booster, a super serum designed to brighten skin tone and lessen the appearance of discoloration for an instantly gratifying glow.

The Hydra-Fusion is a 100-minute treatment that combines both Spa Toscana's top skincare lines to create a luxurious 2-in-1 facial experience. The treatment begins with the exclusive HydraFacial technology that effectively cleanses and exfoliates by extracting and hydrating the skin. Next, super serums containing vital nutrients like antioxidants, peptides, and hyaluronic acid are applied to soften and soothe. This is the perfect preparation to promote maximum infusion and benefits of the Intraceuticals Oxygen products that will reduce the appearance of fine lines and pores while revitalizing and balancing your complexion while being refreshed and hydrated. ■



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